

Tell Me Ma

拍數: 64 牆數: 4 級數: Low Intermediate
編舞者: Citydancers (USA) - March 2023
音樂: Tell Me Ma - Sham Rock



Adapted by Roly Ansano (USA) Mar 2023

Intro: 32

FORWARD STEPS, KICK-BALL CHANGE, STEP-TURN, STOMPS

1-2 Walk forward R-L
3&4 Kick R forward, step R together, step L in place
5-6 Step R forward, pivot 1/4 left
7-8 Stomp R forward, stomp L together

ROCK STEP, COASTER STEP, MILITARY TURN, FORWARD SHUFFLE

1-2 Rock R forward, recover
3&4 Cross R behind, step L together, step R forward
5-6 Step L forward, pivot 1/2 right
7&8 Step L forward, step R together, step L forward

STEP-CLOSE, CHASSE SIDE, CROSS ROCK, QTL FORWARD SHUFFLE

1-2 Long step R side, step L together
3&4 Step R side, step L together, step R side
5-6 Cross L over. recover
7&8 Turn 1/4 left and step L forward, step R together, step L forward

ANGLED KICK-BALL CHANGE (2X), SCUFF-HOOK, CROSS-ROCK-CROSS

1&2 Kick R diagonally forward, step R together, step L in place
3&4 Kick R diagonally forward, step R together, step L in place
5-6 Scuff R forward, hook R over L shin
7&8 Square up and cross R over, recover, cross R over

ROCK STEP, WEAVE, POINT SWITCHES, HEEL SWITCHES

1-2 Rock L side, recover
3&4 Cross L behind, step R side, cross L over
5&6& Touch R side, step R together, touch L side, step L together
7&8& Step R heel forward, ball back, step L heel forward, ball back

SLOW WALK-LOCK-WALK, STEP-TURN, STEP-TURN

1-2& Stomp R forward, hold, step L behind R
3-4 Stomp R forward, hold
5-6 Step R forward, pivot 1/4 left
7-8 Step R forward, pivot 1/4 left

CROSS ROCK, CHASSE SIDE, CROSS ROCK, CHASSE SIDE

1-2 Cross R over, recover
3&4 Step R side, step L together, step R side
5-6 Cross L over, recover
7&8 Step L side, step R together, step L side

KICK-BALL CROSS (2X), FORWARD STEPS, STEP-TURN

1&2 Kick R forward, step R back, cross L over

3&4 Kick R forward, step R back, cross L over
5-6 Walk forward R-L
7-8 Step R forward, pivot 1/4 left

REPEAT
