

Rungkad

拍數: 64 牆數: 1 級數: High Improver
編舞者: Syafri's Fitri (INA) - March 2023
音樂: Rungkad - Rahma Idol



RESTART : ON Walls 2 & 5... After 20 Counts

S1. (1/4 TURN DROP HEEL - RECOVER) 2X - WALK RLRL 1/2 TURN - TOUCH

1 2 Turn 1/4 L Drop R heel with pushing hip forward, Recover onto LF
3 4 Drop R hell with pushing hip forward, Recover onto LF
5678 Turn 1/2 R walking R/L/R, Touch on LF

S2. (DROP HEEL - RECOVER) 2X - WALK RLRL 1/4TURN - TOUCH

1 2. Drop L heel with pushing hop forward, Recover onto RF
3 4 Drop L hell with pushing hip forward, Recover onto RF
5678 Turn 1/4 L walking L/R/L, Touch on RF

S3. (TOUCH SIDE - TOGETHER - SLIDE - TOGETHER) R/L

1 2 Touch RF to R, Touch RF next to LF
3 4 Touch RF to R, Close LF next to RF

*In Here Restart on Walls 2 & 5, After 20 Counts

5 6 Touch LF to L, Touch LF next to RF
7 8 Touch LF to L, Close RF next to LF

S4. WALK BACK (PRETTY WALK) RLRL - TOE STRUT FWD RL

1234 Walk back (Pretty Walk) R/L/R/L
5678 Touch RF forward, drop RF inplace, Touch LF forward, drop LF inplace

S5. GRAPEVINE - TOUCH - (SIDE- TOGETHER)L/R

1 2 Step RF to R, Cross LF behind RF
3 4 Step RF to R, Touch LF next to RF
5 6 Step LF to L, Touch RF next to LF
7 8 Step RF to R, Touch LF next to RF

S6. GRAPEVINE - ROCKING CHAIR

1 2 Step LF to L, Cross RF behind LF
3 4 Step LF to L, Touch RF next to L
5 6 Step RF forward, Recover onto RF
7 8 Step RF back, Recover onto LF

S7. (FWD - TOUCH SIDE) RL - JAZZ BOX TURN 1/4

1 2 Step RF forward- Touch LF to L
3 4 Step LF forward - Touch RF to L
5678 Cross RF over LF, Turn 1/4 stepping LF back, Step RF to R, step LF forward

S8. MONTEREY 1/2 - TOE STRUT TURN 1/4

1 2 Step RF to R, Close RF next to LF
3 4 Turn 1/2 R stepping LF to L, Close LF next to RF
5 6 Touch RF forward, drop RF inplace
7 8 Turn 1/4 R touching LF forward, drop LF inplace

