A Whole Lot Better

拍數: 32

級數: Improver

編舞者: Patricia Franzke (DE) & Christine Franzke (DE) - February 2023

音樂: Peace, Love & Country Music - Hunter Brothers

Kick Ball Cross, Bounce 2x with 1/2 Turn right, Step Back 2x, Coaster Step, Step Forward 1&2 Kick RF forward, Step RF beside LF, cross LF over RF 3-4 Heel bounce with both feet and ¹/₄ Turn R. Heel bounce with both feet and ¹/₄ Turn R 5-6 RF step back, LF step back 7&8& RF step back, LF step beside RF, RF step forward, LF step forward Cross, Side, Sailor Heel, Close, Cross, Side, Sailor Step 1/4 Turn Left Cross RF over LF, Step LF to L Side 1-2 Cross RF behind LF, Step LF to L Side, Touch R Heel diagonally forward, Step RF beside LF 3&4& 5-6 Cross LF over RF, Step RF to R Side 7&8 Cross LF behind RF, ¼ Turn L Step RF beside LF, Step LF forward *Restart Here in Wall 3 & 6, add an additionally &-count: 1/4 Turn L with Hitch RF 1⁄4 Turn Left with Shoulder Movements, Sailor Step, Close, 1⁄2 Step Turn Right, Close, Kick Ball Cross 1/4 Turn L stepping RF to R Side (Slowly change weight from L to R) 1&2 Shoulders: Pull R Shoulder up while L Shoulder is getting down, Pull L Shoulder up while R Shoulder is getting down, Pull R Shoulder up while L Shoulder is getting down, 3&4& Cross LF behind RF, Step RF beside LF, Step LF to L Side, Step RF besides LF 5-6 Step LF forward, 1/2 Turn R stepping RF forward &7&8 Step LF besides RF. Kick RF forward. Step RF besides LF. Cross LF over RF * Restart Here in Wall 4 1/4 Turn Left with Sweep, Behind Side Cross, Jazz Box 1/4 Turn Right 1-2 1/4 Turn L stepping RF back, Sweep LF back 3&4 Cross LF behind RF, Step RF to R Side, Cross LF over RF Cross RF over LF, ¼ Turn R stepping LF back, Step RF to R Side, Step LF forward 5-6-7-8

Start over.





牆數:2