

A Whole Lot Better

拍數: 32 牆數: 2 級數: Improver
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音樂: Peace, Love & Country Music - Hunter Brothers



Kick Ball Cross, Bounce 2x with ½ Turn right, Step Back 2x, Coaster Step, Step Forward

1&2 Kick RF forward, Step RF beside LF, cross LF over RF
3-4 Heel bounce with both feet and ¼ Turn R, Heel bounce with both feet and ¼ Turn R
5-6 RF step back, LF step back
7&8& RF step back, LF step beside RF, RF step forward, LF step forward

Cross, Side, Sailor Heel, Close, Cross, Side, Sailor Step ¼ Turn Left

1-2 Cross RF over LF, Step LF to L Side
3&4& Cross RF behind LF, Step LF to L Side, Touch R Heel diagonally forward, Step RF beside LF
5-6 Cross LF over RF, Step RF to R Side
7&8 Cross LF behind RF, ¼ Turn L Step RF beside LF, Step LF forward

***Restart Here in Wall 3 & 6, add an additionally &-count: ¼ Turn L with Hitch RF**

¼ Turn Left with Shoulder Movements, Sailor Step, Close, ½ Step Turn Right, Close, Kick Ball Cross

1&2 ¼ Turn L stepping RF to R Side (Slowly change weight from L to R)
Shoulders: Pull R Shoulder up while L Shoulder is getting down, Pull L Shoulder up while R Shoulder is getting down, Pull R Shoulder up while L Shoulder is getting down,
3&4& Cross LF behind RF, Step RF beside LF, Step LF to L Side, Step RF besides LF
5-6 Step LF forward, ½ Turn R stepping RF forward
&7&8 Step LF besides RF, Kick RF forward, Step RF besides LF, Cross LF over RF

*** Restart Here in Wall 4**

¼ Turn Left with Sweep, Behind Side Cross, Jazz Box ¼ Turn Right

1-2 ¼ Turn L stepping RF back, Sweep LF back
3&4 Cross LF behind RF, Step RF to R Side, Cross LF over RF
5-6-7-8 Cross RF over LF, ¼ Turn R stepping LF back, Step RF to R Side, Step LF forward

Start over.
