

Cinderella (P)

拍數: 32 牆數: 0 級數: Beginner Partner
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音樂: Cinderella (Turbo Diesel Remix) - Dan Davidson



Right Open Promenade Position FLOD

[1-8] (Heel Grind, Coaster Step) x2

- 1 M:Left Heel in front Left toes Inwards
 L: Right Heel in front Right toes Inwards
- 2 M:Rotate LF to tip Outwards
 L: Rotate RF to tip Outwards
- 3&4 M:Step L Back, Step R next To L, Step L Forward
 L: Step R Back, Step L next To R, Step R Forward
- 5 M:Right Heel in front, Right toes Inwards
 L:Left Heel in front, Left toes Inwards
- 6 M:Rotate RF to tip Outwards
 L: Rotate LF to tip Outwards
- 7&8 M:Step R Back, Step L Next To R, Step R Forward
 L: Step L Back, Step R Next To L, Step L Forward

Let Go Hands

[9-16] Vine To Left, Touch, Vine ¼ t To Right, Touch

- 1-2 M:Step LF to Left , Cross RF Behind LF
 L: Step RF to Right , Cross LF Behind RF
- 3-4 M:Step LF to Left, Point RF next to LF and clap
 L: Step RF to Right, Point LF next to RF and clap
- 5-6 M:Step RF to Right, Cross LF Behind to RF
 L: Step LF to Left, Cross RF Behind
- 7-8 M:Step RF to Right, Point LF next to RF
 L: Step LF to Left, Point RF next to LF

Position Double Hand Hold, Man Facing O.L.O.D and Lady facing I.L.O.D.

[17-24] Side Shuffle, Back Rock Step, Side Shuffle, Back Rock Step ¼ t. turn

- 1&2 M:Side Shuffle L,R,L to the Left
 L: Side Shuffle R,L,R to the Right
- 3-4 M:RF Behind LF, Replace LF
 L: LF Behind RF, Replace RF
- 5&6 M:Side Shuffle ,R,L,R to the Right
 L: Side Shuffle L,R,L to the Left
- 7-8 M:LF Rock ¼ t. Left , Replace RF
 L: RF Rock ¼ t. Right, Replace LF

Leave Man's Left Hand and Lady's Right Hand on the count of 7

[25-32] (Walk, Walk, Shuffle Fwd)x2

- 1-2 M:Step FWD LF, Step FWD RF
 L: Step FWD RF, Step FWD LF
- 3&4 M:Shuffle FWD L,R,L
 L: Shuffle FWD ,R,L,R
- 5-6 M:Step FWD RF, Step FWD LF
 L: Step FWD LF ,Step FWD RF
- 7&8 M:Shuffle FWD R,L,R

L: Shuffle FWD L,R,L
