

Summer In The Sand

COPPER **KNOB**
BY STEPHEN HETS

拍數: 32 牆數: 4 級數: High Improver
編舞者: Eleonor Halsius (SWE) - March 2023
音樂: Caribbean Plans (Remix) (feat. Poupie) - Shaggy



Intro: 16count

Restart : Happens after 16 count on wall 4(12), 6(6) and 8(12)

Finish: Change the steps on count 15&16 from 1/4 right mambo cross to a chasse 1/2 turn R and step LF FW on count 17

Sec.1 - SIDE, TOGETHER, SYNCOPATED HALF RUMBA, SIDE, TOGHETER, LOCK SHUFFLE FW

1-2 Step RF to R side - Step LF beside RF
3&4 Step RF to R side - Step LF beside R - Step RF back
5-6 Step LF to L side - Step RF beside L
7&8 Step LF forward - Step RF behind L - Step LF forward

Sec 2 - SWIVEL STEPS, SYNK ROCKING CHAIR, MAMBO 1/2 TURN R, 1/4 TURN R SIDE MAMBO CROSS

1-2 Swivel L heel L and step RF diagonal forward - Swivel R heel R and step LF diagonally forward
3&4& Rock RF forward - Reover weight back onto LF - Rock RF back - Recover weight forward onto LF
5&6 Rock RF forward - Turn 1/2 R - Step RF forward (facing 6 o'clock)
7&8 Turn 1/4 R, Rock RF out to R side - Recover weight onto LF - Cross RF over L (facing 9 o'clock)

Restart: The dance On wall 4 (12 o'clock), 6 (6 o'clock) & 8 (12 o'clock)

Finish: Change the steps on count 7&8 (sec2) and on count 1 (sec.3)

(7)Step LF fw - (&)Turn 1/2 R - (8)Step fw on LF - (1)Step FW on RF

Sec 3 - SYNCOPATED RUMBA BOX, LOCK SHUFFLE, CHAISE 3/4 TURN R

1&2 Step RF to R side - Step LF beside R - Step RF back
3&4 Step LF to L side - Step RF beside L - Step LF forward
5&6 Step RF forward - Lock LF behind R Step RF forward
7&8 Step forward onto LF - Turn 1/2 R - Turn 1/4 R and step LF to L side (facing 6 o'clock)

Sec 4 - BEHIND, SIDE, CROSS, SIDE, TOUCH, SIDE, BEHIND, 1/4 R, HEEL SWITCHES, CROSS

1&2 Step RF behind L - Step LF to L side - Cross RF over L
3&4 Step LF to L side - Touch R next to L - Step RF to R side
5&6 Step LF behind R - Turn 1/4 R stepping forward onto RF - Touch L heel forward (facing 9 o'clock)
&7& Step LF beside R - Touch R heel forward - Step RF beside L
8 Cross LF over R

REPEAT - ENJOY