

Day To Feel Alive

COPPER KNOB
BY SHEETS

拍數: 32 牆數: 4 級數: Improver / Intermediate
編舞者: Séverine Fillion (FR) & Arnaud Marraffa (FR) - March 2023
音樂: Day To Feel Alive - Jake Reese



Intro : 8 counts

[1-8] ROCK FWD RIGHT & LEFT, BACK STEP LOCK STEP, FULL TURN RIGHT BACKWARD

1-2 Rock step right fwd, recover on left
& Right next to left
3-4 Rock step left fwd, recover on right
5&6 Left step back, right cross over left, left step back
7-8 1/2 turn right stepping right fwd, 1/2 turn right stepping left back 12:00

[9-16] SIDE ROCK & SIDE - TOUCH, SIDE TRIPLE STEP, SAILOR 1/4 TURN LEFT

1-2 Rock step right to right side, recover on left
& Right next to left
3-4 Left step to left side, Touch right next to left
5&6 Triple step right left right to the right
7&8 Left cross behind right, 1/4 turn left stepping right to right, left fwd 9:00

[17-24] ROCK FWD, COASTER STEP, SIDE POINT, HOLD, SWITCH SIDE POINT, HOLD

1-2 Rock step right fwd, recover on left
3&4 Right step back, left next to right, right fwd
5-6 Touch left toe to left side, Hold
&7-8 Left next to right (&), Touch right toe to right side, Hold

**** RESTARTS here on walls 4 & 8 (at 12:00)**

[25-32] SYNCOPATED JAZZ BOX CROSS, SIDE, BEHIND SIDE CROSS, SIDE SLIDE

1-2 Right cross over left, left step back
&3-4 Right to right (&), Left cross over right, right to right
5&6 Left cross behind right, right to right, left cross over right
7-8 Large right step to the right, slide left next to right (ending weight on left)

TAG : Dance this 8 counts after the walls 2 & 6 (at 6:00)

[1-8] LARGE STEP DIAGONALLY FWD & DRAG (R & L), WALKS BACK x 2, BACK ROCK

1-2 Large right step diagonally right fwd, Drag left next to right
3-4 Large left step diagonally left fwd, Drag right next to left
5-6 Walk back on right, walk back on left
7-8 Rock back on right, recover on left

ENJOY & HAVE FUN !!