

Dirty Radio

拍數: 64 牆數: 2 級數: Advanced
編舞者: Rebecca Lee (MY) & Jean-Pierre Madge (CH) - January 2023
音樂: Nobody Does It Better - DIRTY RADIO



Dance starts after 32 counts

Rock, Sweep, Behind 1/4L Step Together, Apple Jacks, Back Rock Side

1-2 Rock R forward (1), Recover and Sweep R around (2) 12'
3&4 Step R behind L (3), 1/4L Step L forward (&), Step R next L (4) 9'
5&6& Twist R heel to L, L toe to L (5), Recover to center (&) Twist L heel to R, R toe to R (6)
 Recover to center (&)
7&8 Rock R behind L (7), Recover (&), R to R side (8)

Option : You can jump forward on count (4) into the Apple Jacks.

Option : You can swivel heels to the L twice if you can't do Apple Jacks (5&6&)

Sweep, Behind, 1/4L Chassé L, Rock, Recover, 1/2R, 1/4R

1-2 Step L Behind R and Sweep R around (1) Step R behind L (2)
3&4 1/4L Step L forward (3), R next L (&), Step L forward (4) 6'
5-6 Rock R forward (5), Recover (6)
7-8 1/2R Step R forward (7), 1/4R Step L to L side (8) 3'

Behind, Side-Rock, Behind, Side-Rock, Behind, Side, Step Lock Step Lock Step

1-2& Step R behind L (1), Rock L to L (2), Recover (&),
3-4& Step L behind R (3), Rock R to R (4), Recover (&),
5-6 Step R behind L (5), Step L to L (6),
7&8&1 Step R forward(7),Lock L(&), Step R forward(8) Lock L (&), Step R forward(1)

Step, Pivot 1/4R, Cross Samba, Walk-Walk, Point Touch

2-3 Step L forward (2), Pivot 1/4R (3) 6'
4&5 Cross L over R (4), Rock R to R (&), Recover (5)
6-7 Walk R-L (6-7)
&8 Point R to R (&), Touch R next L (8)

Tag 1 on wall 2 facing 12' then restart

Side, Cha Cha, 1/4L Side, Cha Cha, 1/4L Side, Together, Chassé R

1-2& Step R to R (1), Step L next to R (2), Step R next to L (&)
3-4& 1/4L Step L to L (3), Step R next to L (4), Step L next to R(&) 3'
5-6 1/4R Step R to R (5), L next to R (6) 12'
7&8 Step R to R (7), Step L next R (&), Step R to R (8)

Cross Rock, Recover, Chassé 1/4 L, Step, Spiral 3/4L, Chassé L

1-2 Cross Rock L over R (1), Recover (2)
3&4 1/4L Step L forward (3), Step R next L (&), Step L forward (4) 9'
5-6 Step R forward (5), Unwind 3/4 L weight is on R (6) 12'
7&8 Step L to L (7), Step R next L (&), Step L to L (8)

1/8L Rock, Recover and Touch, Hip bump, Chassé back, Sailor 1/8R

1-2&3 1/8L Rock R forward (1), Recover (2), Step R back (&), Touch L slightly forward (3) 10:30'
&4 Bump hips forward (&), Bump hips back (4)
5&6 Step L Behind (5), Step R next L (&), Step L behind (6),
7&8 Cross R behind L (7), 1/8R Step L next R (&), Step R forward (8) 12'

Rock, Recover, Chassé 1/2L, Chug 1/4L x4

1-2 Rock L forward (1), Recover (2)

3&4 1/4L Step L to L (1), Step R next L (&), 1/4L Step L forward (4) 6'

5&6& 1/4 L Rock R to R (5), Recover (&), 1/4 L Rock R to R (6), Recover (&)

7&8& 1/4 L Rock R to R (7), Recover (&), 1/4 L Rock R to R (8), Recover (&) 6'

Tag 1 on wall 3 facing 6'

Tag 2 on wall 4 facing 12'

Tag 1 Rock in Chair with Shimmys

1-2-3-4 Rock R forward (1). Recover (2), Rock R back (3), Recover (4)

Shimmy the shoulders on count (3-4)

Tag 2 Rock in Chair, Jazz box with Shimmys

1-2-3-4 Rock R forward (1). Recover (2), Rock R back (3), Recover (4)

5-6-7-8 Cross R over L (5), Step L back (6), Step R to R (7), Step L forward (8) Shimmy the shoulders on count (5-6-7-8)

Smile and start the dance again !
