

Aurelia Mia (aka Mamma Mia)

COPPERKNOB
BY STEPHENETS

拍數: 32 牆數: 4 級數: Easy Intermediate
編舞者: Sophie Bonnaffoux (FR) & Sophie Bonnaffoux Dancers (FR) - March 2023
音樂: Mamma Mia - ABBA



Choreographers : Sophie Bonnaffoux and her dancers from Atos-Bull, Dance Section (Daniel, Jean-Paul, Marie-Hélène, Corinne, Lai-Yi, Laurence, Martine, Marie-Chantal, Agnès, Chantal, Emmanuelle et Sylvaine)

* Restarts wall 3 & 9 after 16 counts

** Restarts wall 5, 11 & 14 after 24 counts

Intro : 32 counts

SEC. 1 - STEP R L R, BRUSH LF, STEP L, POINT R, STEP R, POINT L

1 – 4 Walk Right, Left, Right and brush LF

5 – 8 Step LF forward, Point to Right side, Step RF forward, Point to Left Side (12.00)

SEC. 2 – VINE RIGHT, SAILOR STEP ¼ TURN L, R KICK-BALL-CHANGE

1 – 4 Cross LF behind R, RF to side, Cross LF over R, RF to side

5&6 Cross LF behind R starting to turn Left, RF to R side finishing the ¼ turn to L, LF to side

7&8 Kick RF, ball RF, transfer weight on LF (9.00)

* Restart here wall 3 (3.00) & 9 (9.00)

SEC. 3 – CROSS-SAMBA X 2, JAZZ-BOX

1&2 Cross RF over LF, step ball left, step RF slightly forward

3&4 Cross LF over RF, step ball right, step LF slightly forward

5 – 8 Cross RF over L, LF back, RF side, LF forward (9.00)

** Restart here wall 5 (3.00), 11 (9.00) & 14 (12.00).

SEC. 4 – HALF-TURN TOE STRUTS L, R COASTER STEP, L FWD SHUFFLE

1, 2 Right toe ¼ Turn L, Drop right heel

3, 4 Left Toe ¼ Turn L, Drop left heel (3.00)

5&6 RF back, LF beside R, RF forward

7&8 LF forward, RF beside L, LF forward

AND START OVER AGAIN, SMILE !!

Contact : sophie@kdanse.fr

Last Update: 3 Apr 2023