

Rounding The Cape

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Beginner / Improver
編舞者: Charlotte Steele (SA) - March 2023
音樂: Rounding the Cape (A Tribute To) - Tol & Tol



This dance and the music are a tribute to Jan van Riebeeck (1619-1677) without whose initiatives and accomplishments South Africa would not be the country it is today. Rest in Peace, Mijnheer.

Intro: Start 16 counts after start of heavy beat (when guitar music kicks in +- 25 secs into the track).

S.1 R Rock Forward-Recover. Shuffle 1/2 Turn Right. Shuffle Forward x2.

1-2 Rock/step forward on R, recover back onto L
3&4 Turn 1/2 right and shuffle forward stepping R-L-R (6:00)
5&6 Shuffle forward stepping L-R-L (6:00) (*Option: Shuffle back ½ turn right L-R-L 12:00)
7&8 Shuffle forward stepping R-L-R (6:00) (*Option: Shuffle fwd ½ turn right R-L-R 6:00)

S.2 Figure 8 Vine Left.

1-2 Step L to left side, cross R behind L (facing 6:00)
3-4 Turn 1/4 left (3:00) and step L forward, step R forward
5-6 Turn 1/2 left (9:00) and step down on L, turn 1/4 left (6:00) and step R to right side
7-8 Step L behind R, small step R to right side (weight on R) (6:00)

S.3 L Rocking Chair. Modified Jazz Box.

1-2 Rock/step forward on L, recover back onto R
3-4 Rock/step back on L, recover forward onto R (**RESTART here on wall 6**)
5-6 Cross L over R, step R back
7-8 Step L to left side, brush R forward to right diagonal (to prepare for turning walks in S.4)
(6:00)

S.4 Rounding The Cape: Slow Walk Around 3/4 Turn Right.

1-2 Turn 1/4 right (9:00) and step forward on R (long slow step)
3-4 Turn 1/4 right (12:00) and step forward on L
5-6 Turn 1/4 right (3:00) and step forward on R
7-8 Long step forward on L, Hold (weight on L) (3:00)

Start Again

**RESTART: On wall 6, after count 20 (Section 3, count 3-4) facing 9:00.

ENDING: Dance ends on wall 13, count 16 (Section 2, count 8) facing 9:00.
To finish facing 12:00, on count 16 pivot 1/4 right and step R next to L.

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