My Crazy Heart

拍數: 32

級數: Improver

編舞者: Ivan Rundgren (SWE) - March 2023

音樂: Fairytale - Willie Shaw

The dance is choreographed for the LineDance Party in Husum, Sweden!

Intro: 8 C

Sequence; AA BB TAG AA BB AA BB

Part A 16 C Always starts facing 12:00 and 3:00.

- SEC. 1 STEP TOGETHER SCISSOR STEP SIDE BEHIND SHUFFLE 1/4 TURN L
- 1 2 Step R to R side (1) step L next to R (2)
- 3 & 4 Step R to R side (3) recover on L (&) cross R over L (4)
- 5-6 Step L to L side (5) step R behind L 6)
- 7 & 8 1/2 turn L stepping fwd L (7) step R next to L (&) step fwd L (8)

SEC. 2 RUMBA BOX - BACK LOCK SHUFFLE - POINT BACK - 1/2 TURN L

- 1 & 2 Step R to R side (1) step L next to R (&) step fwd R (2)
- 3 & 4 Step L to L side (1) step R next to L (&) step back L (4)
- 5 & 6 Step back R (5) step back L a cross R (&) step back R (6)
- 7 8 Point L back (7) 1/2 turn L weight ends on L (8)

Part B 16 C Always starts facing 6:00 and 9:00.

SEC. 1 R SYNCOPATION VINE - ROCK STEP - CROSS SHUFFLE - KICK - BALL 1/4 TURN L - STEP

- 1 & 2 & Step R to R side (1) step L behind R (&) step R to R side (2) step L a cross R (&)
- 3 & 4 & Step R to R side (3) step L behind R (&) step R to R side (4) recover to L (&)
- 5 & 6 Cross R over L (5) step L to L side (&) cross R over L (6)
- 7 & 8 Kick L diagonally fwd (7) step on ball of L turning 1/4 L (&) step fwd R (8)

SEC. 2 ROCK STEP - TRIPLE 1/2 TURN (ON SPOT) - R SHUFFLE FWD - FWD MAMBO STEP

- 1-2 Step fwd L (1) recover to R (2)
- 3 & 4 1/4 turn L stepping L to L (3) step R next to L (&) 1/4 turn L stepping fwd L (4)
- 5 & 6 Step fwd R (5) step L next to R (&) step fwd R (6)
- 7 & 8 Step fwd L (7) recover on R (&) step back on L (8)

Tag performed once after wall 4 facing 12:00.

- 1 2 Step R to R side (1) point L diagonally a cross R (2)
- 3 4 Step L to L side (3) point R diagonally a cross L (4)

Ending: During wall 12 slow down Part B Sec. 2 count (1-2) hold for a while, count (3&4) hold for a while, count (5&6), hold for a while, step slowly fwd step count (7&) and drag slowly back L count (8) The music will lead you!

Start over again!

Don't forget to like and subscribe \Box Have fun & happy dancing, hugs from Sweden:)





牆數:4