

Bingo x3

拍數: 96 牆數: 1 級數: Phrased Improver
編舞者: Jennifer Jou (TW), Sally Hung (TW) & Irene Deng (TW) - March 2023
音樂: Bingo (ASSA) - Turtles



Intro : 16 count

Intro dance : 16 count – Part A- SEC 3 & SEC 4

Sequence : Intro dance A A B C / A A B B C C A A

Intro Dance 16 count (Part A Sec3 & Sec 4)

Sec 1 : SIDE, POINT FWD, POINT SIDE, POINT FWD, SIDE, TOUCH

1 2 3 4 Step Rf to R, Point Lf fwd, Point Lf to L side, Point LF Fwd

5 6 7 8 Step Lf to L, Touch Rf beside Lf, Hip bum up down

Sec 2 : SIDE, HOOK, SIDE, HOOK, WALK FULL TURN

1 2 3 4 Step Rf to R, Hook Lf, Step Lf to L, Hook Rf

5 6 7 8 Wall full turn R (RLRL)

PART A : 32 COUNT

Sec 1 : VINE R, TOUCH, VINE L, TOUCH

1 2 3 4 Step Rf to R, Cross Lf behind Rf, Step Rf to R, Touch Lf beside Rf

5 6 7 8 Step Lf to L, Cross Rf behind Lf, Step Lf to L, Touch Rf beside L

Sec 2 : WALK FWD(RLR), HITCH, WALK BACK (LRL), HITCH

1 2 3 4 Walk fwd (R L R), Hitch Lf knee up

5 6 7 8 Walk back (L R L), Hitch Rf knee up

Sec 3 : SIDE, POINT FWD, POINT SIDE, POINT FWD, SIDE, TOUCH

1 2 3 4 Step Rf to R, Point Lf fwd, Point Lf to L side, Point LF Fwd

5 6 7 8 Step Lf to L, Touch Rf beside Lf, Hip bum up down

Sec 4 : SIDE, HOOK, SIDE, HOOK, WALK FULL TURN

1 2 3 4 Step Rf to R, Hook Lf, Step Lf to L, Hook Rf

5 6 7 8 Walk full turn R (RLRL)

PART B : 32 COUNT

Sec 1 : 1/4 L SIDE, TOGETHER, SIDE, 1/2 R TOUCH , SIDE TOGETHER, SIDE, 1/4 L SWEEP

1 2 3 4 Making 1/4 turn L step Rf to R, Step Lf beside Rf, Step Rf to R, Making 1/2 turn R touch Lf beside Rf

5 6 7 8 Step Lf to L, Step Rf bedside Lf, Step Lf to L, Making 1/4 turn L sweep Rf fwd

Sec 2 : CROSS JAZZ BOX, R HIP X2, L HIP X2

1 2 3 4 Cross Rf over Lf, Step back Lf, Step Rf to R, Step Lf fwd

5 6 7 8 Step Rf to R with hip bum 2 count, Step Lf to L with hip bum 2 count

Sec 3 : 1/4 R SIDE, TOGETHER, SIDE, 1/2 L TOUCH, SIDE, TOGETHER, SIDE, TOUCH

1 2 3 4 Making 1/4 turn R step Rf to R, Step Lf beside Rf, Step Rf to R, Making 1/2 turn L touch Lf beside Rf

5 6 7 8 Step Lf to L, Step Rf bedside Lf, Step Lf to L, Touch Rf beside Lf

Sec 4 : R DIAGONAL, TOUCH, L DIAGONAL, SWAY (RLRL)

1 2 3 4 Step Rf to R diagonal(10:30), Touch Lf beside Rf, Step Lf to L diagonal(01:30), Step Rf beside Lf

5 6 7 8 Step Rf to R and swing(RLRL)

Option : Sec 1&3 can choose to lift the foot to rotate

PART C : 32 COUNT

Sec 1 : FWD, POINT, FWD, POINT, WEAVE L, POINT

1 2 3 4 Step Rf fwd, Point Lf to L, Step Lf fwd, Point Rf to R
5 6 7 8 Cross Rf over Lf, Step Lf to L, Cross Rf behind Lf, Point Lf to L

Sec 2 : BACK, POINT, BACK, POINT, WEAVE R, POINT

1 2 3 4 Step back Lf, Point Rf to R, Step back Rf, Point Lf to L
5 6 7 8 Cross Lf over Rf, Step Rf to R, Cross Lf behind Rf, Point Rf to R

Sec 3 : PIVOT 1/2 L, FWD, PIVOT 1/2 L, FWD, ROCKING CHAIR,

1 2 3 4 Step Rf fwd making 1/2 turn L, Step Lf fwd, Step Rf fwd Making 1/2 L, Step Lf fwd
5 6 7 8 Step Rf fwd, Recover on Lf, Step Rf back, Recover on Lf

Sec 4 : OUT, OUT, IN, IN X2

1 2 3 4 Step Rf out, Step Lf out, Step Rf back, Step Lf beside Rf
5 6 7 8 Repeat 1-4 count

Enjoy ! Have fun !!

Contacts:-Jennifer Jou:chou450819@yahoo.com.tw

Sally Hung : hung1125@gmail.com

Irene Deng:yuanmei40681@gmail.com
