Bad Day To Be A Beer



拍數: 48 牆數: 2 級數: Improver / Intermediate

編舞者: Margaret Parrish (AUS) - November 2022

音樂: Bad Day To Be A Beer - Drake Milligan: (Album: Dallas/Fort Worth)



INTRO: 24 COUNT INTRO (From when the heavy beat kicks in)

R TOE STRUT - L TOE STRUT - R COASTER STEP W/ SCUFF

1-4 Touch R toe on R 45, Drop R heel, Touch L toe on L 45, Drop L heel

5-8 Step R back, Step L together, Step R fwd, Scuff L next to R

1/4 SCUFF - 1/4 SCUFF - 1/2 R SHUFFLE BACK - ROCK R BACK/REPLACE L

1-2 1/4 R Step L to L side, Scuff R together,3-4 1/4 R Step R fwd, Scuff L next to R

5&6 1/2 L Step L back, Step R together, Step L back

7-8 Rock R back, Replace weight on L

SIDE SHUFFLE R - ROCK L BACK/REPLACE R - SHUFFLE FWD L - PIVOT 1/2 L

1&2 Step R to R side, Step L together, Step R to R side

3-4 Rock L back, Replace weight on R
5&6 Step L fwd, Step R together, Step L fwd
7-8 Step R fwd, 1/2 L Pivot weight on L (6:00)

STOMP R FWD - HEEL TOE HEEL IN - STOMP L FWD - HEEL TOE HEEL IN

Stomp R fwd on R 45, twist L heel in, twist L toes in, twist L heel in
Stomp L fwd on L 45, twist R heel in, twist R toes in, twist R heel in

K STEP (FWD TOUCH - BACK TOUCH - BACK TOUCH - FWD TOUCH)

Step R fwd on R 45, Touch L together/Clap, Step L back, Touch R together/Clap
 Step R back on R back angle, Touch L together/Clap, Step L fwd on L 45, Step R

together/clap

(Even weight onto both feet on Count 8 as you prep for your twists)

TWIST R (HEELS TOES HEELS) – TWIST L (HEELS TOES HEELS)

Twist both heels to R side, twist both toes to R side, twist both heels to R side, clap/hold
Twist both heels to L side, twist both toes to L side, twist both heels to L side, clap/hold

Restart on Wall 3 at 16 Counts (You will be facing 12:00)

During Wall 4, you will be facing 6:00, The music will slow down during your Twist R (Count 40-48), continue twisting to the L (slowly) and then pause for 4 counts then you will start Wall 5 when the beat kicks back in (You will be facing 6:00)

Restart on Wall 7 at Count 40 (K Step) (You will be facing 12:00)