

Sway With Me

拍數: 32 牆數: 4 級數: Improver / Intermediate
編舞者: Natalie Schwarzkopf (USA) - March 2023
音樂: Sway - Michael Bublé



Intro: 32 count, One Tag on Wall 9

R FORWARD ROCK-RECOVER, R SHUFFLE BACK, L BACK ROCK-RECOVER, L SHUFFLE FORWARD ~Weight is on left foot~

1,2 Step forward on R foot(1), recover on L foot(2)
3&4 Step R foot back and step L foot back to meet R(3&), Step R foot back(4)
5,6 Step back on L foot(5), recover on R foot(6)
7&8 Step L foot forward and step R foot back to meet L(7&), Step L foot forward(8)

R SIDE ROCK-RECOVER, CHACHA STEP, L SIDE ROCK, R HALF-TURN SIDE ROCK

1,2 Step to R side with R foot, recover on L foot
3&4 Step R foot next to L foot(3), step L foot in place(&), step R foot in place(4)
5,6 Step to R side with R foot(5), recover on L foot(6)
7,8 Half pivot on R foot to the R while stepping to the side with L foot(7), Shift weight to R foot(8)

CROSS SHUFFLE, SIDE BALL ROCK-RECOVER, CROSS SHUFFLE, SIDE BALL ROCK-RECOVER

1&2 Step forward toward R diagonal with L foot crossing over R(1), step slightly towards R diagonal with L foot(&), step forward toward R diagonal with L foot crossing over R(2)
3,4 Step L ball of foot to L side(3), recover on R foot(4)
5&6 Step forward toward L diagonal with R foot crossing over L(5), step slightly towards L diagonal with R foot(&), step forward toward L diagonal with R foot crossing over L(6)
7,8 Step R ball of foot to L side(7), recover on L foot(8)

BOX STEP QUARTER TURN L, R KICK AND L LEG DIP, DRAG

1,2,3 Cross L foot over R, Step back with R, Step L foot to the side with a quarter turn L
4&5 Kick forward with R foot(4), step R foot beside L(&), point L foot out to L side with slight bend in R knee(5)
6,7,8 Drag L foot to meet R(6,7), shift weight to L foot(8)

REPEAT

****TAG RESTART****

****3rd time facing 12:00 wall - 4 count tag**

&1 Hold
2,3,4 Bend R knee in towards L leg(2), shift weight to R foot with R knee back to neutral position and bend L knee in towards R leg(3), shift weight to L foot with L knee back to neutral position and bend R knee in towards L leg(4)

Restart

*****ENDING*****

Replace "BOX STEP QUARTER TURN L, R KICK BALL L LEG DIP, DRAG" with below...

BOX STEP QUARTER TURN L, HOLD, R KICK QUARTER TURN L AND POSE, HOLD POSE

1,2,3, Cross L foot over R(1), Step back with R(2), Step L foot to the side with a quarter turn L(3)
4& Hold
5&6 Kick R foot(5), Quarter turn R and point L foot out to L side with slight bend in R knee (freestyle arms for pose)(&6)
7,8 Hold

