

Stand for You

拍數: 32 牆數: 4 級數: Improver
編舞者: Jamie Barnfield (UK) - March 2023
音樂: See, I'm Sorry - Seafret : (iTunes & Amazon - Single)



Intro: 16 Counts Tag(s): 2

S4: WALK RIGHT, LEFT, MAMBO STEP, BACK LEFT, RIGHT, LEFT, ROCK RECOVER

1-2 Step forward on right, step forward on left
3&4 Rock forward on right, recover on left, step slightly back on right
5-6-7 Step back on left, step back on right, step back on left
8& Rock back on right, recover on left

S2: PRESS FORWARD, RECOVER, BEHIND SIDE CROSS, SCISSOR, 1/2 HINGE, SIDE

1-2 Press forward on right, recover on left sweeping right from from to back
3&4 Cross right behind left, step left to left side, cross right over left
5&6 Step left to left side, close right next to left, cross left over right
7-8 Step right to right side whilst turning 1/2 left, step left to left side

S3: SIDE, CLOSE, SHUFFLE FORWARD, SIDE CLOSE, BACK & DRAG, ROCK RECOVER

1-2 Step right to right, close left next to right
3&4 Step right to right side, close left next to right, step forward on right
5-6 Step left to left side, close right next to left
7-8& Step back on left dragging right towards left, rock back on right, recover on left

S4: SWAY RIGHT, SWAY LEFT, CHASSE RIGHT, CROSS, SIDE, SAILOR 1/4

1-2 Step right to right side as you sway hips to right, sway hips to left transferring weight to left
3&4 Step right to right side, close left next to right, step right to right side
5-6 Cross left over right, step right to left side
7&8 Turning 1/4 left crossing left behind right, step in place on right, step forward on left (3:00)

TAG(s): Danced once at the end of Wall 3 (facing 9:00) and twice at the end of wall 6 (facing 6:00)

S1: ROCK RECOVER SIDE, ROCK RECOVER SIDE, POINT X2

1&2 Cross rock right over left, recover on left, step right to right side,
3&a4 Cross rock left over right, recover on right, step left to left side
4 Point right to right side
5&6 Cross rock right over left, recover on left, step right to right side,
7&a Cross rock left over right, recover on right, step left to left side
8 Point right to right side

S2: RIGHT SAILOR, LEFT SAILOR, BEHIND UNWIND, WALK, WALK, PIVOT 1/2 STEP

1&2 Cross right behind left, step left to left side, step right to side,
3&a Cross left behind right Step right to right side, step left to left side,
4 Touch right toes behind left and unwind 1/2 turn right (weight on right)
5-6 Step forward on left, step forward on right
7&8 Step forward on left, pivot 1/2 right, step forward on left