

# All or Nothing

COPPER KNOB  
BY STEPHEN

拍數: 32      牆數: 4      級數: High Intermediate  
編舞者: Hiroko Carlsson (AUS) - March 2023  
音樂: All Or Nothing - Topic & HRVY : (Spotify/Apple Music/Deezer)



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(16 counts intro)

## [S1] Side, Rock Behind, 1/4R, Rock Back, Side-Cha-Cha, Side, Cha-Cha

1 2&      Step R to the side, Rock L behind R, Replace weight on R  
3 4&      Make a ¼ turn right stepping diagonally back on L (3:00), Rock back on R, Replace weight on L  
5&6      Step R to the side, Step L next to R, Step R next to L  
&7 8      Step L to the side L, Step R next to L, Step L next to R

## [S2] Side, Behind-1/4R, Step-Pivot 3/4R, Side, Behind-1/4L, Step-Pivot 1/2L w/ Hitch

1 2&      Big step R to the side, Step L behind R, Make a ¼ turn right stepping forward on R (6:00)  
3 4      Step forward on L, Make a ¾ turn right recover weight on R (3:00)  
5 6&      Big step L to the side, Step R behind L, Make a ¼ turn left stepping forward on L (12:00)  
7 8      Step forward on R, Make a ½ turn left recover weight on L/ hitch R knee forward (6:00) -prep for push back coaster

## [S3] Coaster Step, Touch w/ Shoulder Pop, &-Behind-1/4L-1/4L, Touch w/ Shoulder Pop

1&2      Step back on R, Step L next to R, Step forward on R  
3&4      Touch L next to R on count 3/Pop L shoulder front (3)-back (&)-front (4) (or shimmy your shoulders)  
&5&6      Step L to the side, Step R behind L, Make a ¼ turn right stepping forward on L, Make a ¼ turn left stepping R to the side (12:00)  
&7&8      Touch L next to R, Pop L shoulder front (7)-back (&)-front (8) (or shimmy your shoulders)

## [S4] Out-Out, Knee Roll-In-In, Step-Pivot 1/2L, Step-Pivot 3/4L w/ Cross Dip

&1      Step L out to the side, Step R out to the side  
2 3      L knee roll in, Knee roll out  
&4      Step R back to the centre, Step L next to R  
5 6      Step forward on R, Make a ½ turn left recover weight on L (6:00)  
7 8      Step forward on R, Make a ¾ turn left recover weight on L/slightly dip down (9:00)

Ending suggestion: The last wall starts at 12:00 o'clock.  
To finish front, change the last 2 counts to Step-Pivot 1/2L.

(updated: 8/Mar/23)