

Keep The Pedal Down

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Ashley Pearson (USA) - March 2023
音樂: Drive You Out Of My Mind - Kassi Ashton



One 8 count tag at 1:16 in music

One restart happens after 32 counts at 2:07 in music

Steps below have added explanation of wall times (12:00 o'clock, 3:00 o'clock, 6:00 o'clock, 9:00 o'clock) for the ease of explanation and are relevant for the walls that start facing 12:00.

Intro: 16 counts

[1-8] Fwd rock recover, turning shuffle, side rock recover, kick ball change

1, 2 Step R forward, recover on L
3 & 4 Step R, L, R while turning ½ toward 6:00
5,6 Rock to the side onto L, recover onto R
7 & 8 Kick L, step L, step R

[9-16] Fwd Shuffle, ¼ pivot, cross shuffle, step, step

1 & 2 Step forward L, R, L toward 6:00
3 & 4 Step R forward and pivot ¼ to 3:00
5 & 6 Cross R over L and step, R,L,R
7 & 8 Step out L while pivoting ¼ to face 12:00, step out R

[17-24] Heel jack, step, step, pivot, spin

1 & 2 Rock L back, pickup R foot and replace while L foot comes out to L side and touch heel
& 3, 4 Step down with left, cross R over L, step L to face 9:00
5, 6 Step R forward, ½ turn over left shoulder to 3:00
7, 8 Full 360 degree spin over left shoulder to face 3:00 again

[25-32] Walk, walk, toe grind, coaster step, step touch

1, 2 Step R forward, step L forward
3 & 4 Step R forward only toes touching, swivel heel of foot to R, then L (Hip will bump up and down while doing this)
5 & 6 Step R back, Step L back, step R forward
7, 8 Step L forward while pivoting ¼ to 6:00, touch R foot on toes next to L

***Restart happens here on wall 3 after the first 32 counts. You will be facing 6:00 when it happens.**

[33-40] Cross step, pivot with heel flick, side shuffle, sailor ¼

1 & 2 Step R to right side, step L over R
3,4 Step R out to right side while pivoting ¼ to face 3:00, pickup L foot and flick L foot behind
5&6 Side shuffle by stepping L to left side, step R, step L (you will be facing 3:00 during this)
7 & 8 Step R foot behind L, step L foot out to left side, while turning ¼ toward 6:00, step R foot forward

[41-48] ½ turn, coaster step, jazz box

1,2 While facing 6:00, make ½ turn to face 12:00 by stepping L forward, turn over left shoulder to face 12:00 and step down on R
3 & 4 Step back with L, step back with R, step forward L
5, 6 Step L over R foot, step L back
7, 8 Step R back next to L, step L forward

[49-56] Fwd shuffle, rock recover, Bwd shuffle, step kick

1 & 2 Shuffle forward, step R, L, R
3 & 4 Step L forward, recover on R
5 & 6 Shuffle backward, stepping back L, R, L
7,8 Step R foot down, kick L foot out

[57-64] Sailor ½, cross point, cross point, walk, walk

1 & 2 Step L behind, step R down while pivoting ¼ to face 3:00, step L forward while pivoting ¼ to face 6:00
3, 4 Step forward R, point L out to left side
5,6 Cross L over R, point R to right side
7,8 Walk forward by stepping R forward, L forward

***Dance ends after 32 counts – complete the step touch while facing 12:00.**

***Tag happens at end of full 64 counts on wall 2, you will be facing 12:00 when it happens, and you will start the dance again facing 6:00**

TAG

[1-8] Pivot, shuffle, walk, walk, shuffle

1,2 Step forward R, pivot ½ to face 6:00
3 & 4 Shuffle stepping R, L, R
5,6 Walk forward L, R
7 & 8 Shuffle stepping L, R, L

Contact linedancingashley@gmail.com with questions
