

Jump

拍數: 32 牆數: 2 級數: High Beginner
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音樂: Jump (Radio Edit) - The Cube Guys & Luciana



NO TAG , NO RESTART

sec 1: Rf fwd Lf Fwd RF fwd Lf kick LF back Rf back Lf back Rf kick *****

1-2 Rf fwd. Lf Fwd
3-4 RF fwd, Lf kick
5-6 LF back, Rf back
7-8 Lf back, Rf kick

sec2: side Mambo (R ,L), Rf across over Lf Recover Lf Rf to R side , Lf across over Rf Recover Rf Lf to L side

1&2 Rf to R side (1) Recover Lf (&) Together (2)
3&4 Lf to L side (3) Recover Rf (&) Together (4)
5&6 Rf across over Lf (5) Recover Lf (&) Rf to R side (6)
7&8 Lf across over Rf (7) Recover Rf (&) Lf to L side (8)

sec 3: Touch RF across over Lf , Rf to R side touch , tunn 1/4 R ,Coaster step, Lf fwd Recover Rf Lf back , Rf back Recover Lf RF Fwd

1-2 Touch RF across over Lf (1) Rf to R side touch (2)
3&4 Turning to the 1/4 Right Rf back (3) Together (&) Rf Fwd (4)
5&6 Lf fwd (5) Recover Rf (&) Lf back (6)
7&8 Rf back (7) Recover Lf (&) RF Fwd (8)

sec 4: Lf fwd sweep turn 1/4 Left sailor step ,Rf Fwd rock ,Lf recover, Rf in place Flick while 1/2 turn

1-2 Lf Fwd (1) Rf back with sweep your left foot from front to back then move your body to the 1/4 turn Left (2)
3&4 Cross Lf Behind Rf (3) Rf to R side (&) Recover Lf (4)
5-6 Rf Fwd rock (5) Lf recover (6)
7-8 Rf in place (7) Rf Flick while 1/2 turn (8)

Last Update: 7 Mar 2023