

The Drop

拍數: 32 牆數: 2 級數: Intermediate
編舞者: Mark Furnell (UK) & Chris Godden (UK) - March 2023
音樂: The Drop (feat. Azteck) - Dimitri Vegas, David Guetta & Nicole Scherzinger



Intro: 16 Counts, Start at approx.. 9 secs

SEC 1 Out, Out, Pony Back, Coaster Step, Step, ½ Pivot

1-2 Step right to right, step left to left
3&4 Step right back hitching left knee, step left beside right, step right back hitching left knee
5&6 Step left back, step right beside left, step left forward
7-8 Step right forward, pivot ½ left transferring weight onto left (6:00)

SEC 2 Rock, Back, Drag, Ball ¼ Vaudeville, Cross Shuffle

1-2 Rock right forward, recover weight onto left
3-4 Step right back dragging left towards right over 2 counts
&5& Step left beside right, turn ¼ right cross right over left, step left back to left diagonal
6& Touch right heel to right diagonal, step right beside left (9:00)
7&8 Cross left over right, step right beside left, cross left over right

Bridge Here on Wall 4

1-2 Step right to right diagonal rolling hips forward, roll hips back
3-4 Roll hips forward, roll hips back (weight ends on left)

SEC 3 Roll Hips, Ball Cross, Side, ¼ Sailor Turn

1-2 Step right to right diagonal rolling hips forward, roll hips back
3-4 Roll hips forward, roll hips back (weight ends on left)
&5-6 Step right beside left, cross left over right, step right to right
7&8 Turn ¼ left step left behind, step right to right, step left forward (6:00)

SEC 4 Walk, Walk, Out Out, Hold, Ball Cross, Out Out, Ball Cross, Twist Knee

1-2 Step right forward, step left forward
&3-4 Step right to right, step left to left, hold
&5 Step right beside left, cross left over right
&6&7 Step right to right, step left to left, step right beside left, cross left over right
&8 Point right to right twisting right knee in, twist right knee out keeping weight on left

Ending After 20 counts of Wall 7, matching the speed of the music

1-2 Step right forward, pivot ⅛ left transferring weight onto left rolling hips anticlockwise
3-4 Step right forward, pivot ⅛ left transferring weight onto left rolling hips anticlockwise
5-6 Step right forward, pivot ¼ left transferring weight onto left rolling hips anticlockwise
7-8 Step right forward, pivot ¼ left transferring weight onto left rolling hips anticlockwise