

Bailando Rina

拍數: 32 牆數: 4 級數: Improver
編舞者: Rina Kartika Nst (INA) - March 2023
音樂: Bailando (feat. Descemer Bueno & Gente de Zona) - Enrique Iglesias



Intro music : 40 C - Start on lyric
Restart on wall 5 , after 16 count change body weight to Left

Step intro : 32.C

Mambo side R & L, 16 C

1 & 2 (Step R right side , step L in place, step R beside L)

3 & 4 (step L left side, step R in place, step L beside R)

Replay 5&6, 7&8

Mambo forward & backward R & L , 16 C

1 & 2 (step R forward, step L in place, step R beside L

3 & 4 step L backward , step R in place, step L beside R)

Replay 5&6, 7&8

Sec#1. CROSS SAMBA RL - TURN 1/4 CROSS SAMBA L - CROSS SAMBA R

1a2 step R cross over L , step L to side, Step R in place

3a4 Step L cross over R, step R to side, Step L in place

5a6 Turn 1/4 Right ,step R cross over L , Step L to side ,Step R in place

7a8 Step L cross over R, step R to side, Step L in place

Sec#2. MAMBO R FWD - MAMBO L BWD - STEP R SIDE - CHASSE

1&2 Step R forward Recover on L , close R beside L

3&4 Step L backward Recover on R, close L beside R

5-6 Step R Right side, step L beside R

7&8 Step R Right side, ,step L beside R, step R Right side

Sec#3. STEP L CROSS OVER R - CHASE 1/4 TURN - CHASE 1/2 TURN - COSTER STEP

1-2 Step L cross over R , recover L

3&4 Step L side, step R beside L, step L Side turn 1/4 left, (face at 12:00)

5&6 step R turn 1/2 left, (face at 6:00)

7&8 step L backward, step R beside L, step Forward

Sec#4. SAMBA WISH RIGHT - SAMBA WISH LEFT - STEP R & L FORWARD - HIP SWAY 1/4 LEFT R & L

1a2 step R Right side, step L behind R, Step R in place

3a4 step L left side, step R behind L, step L in place

5-6 step R forward, L forward

7-8 turn 1/4 Left hip sway to Right side, sway to left side

Ending at 11 wall ,after 16 Count

E-mail : rinakartikanst77@gmail.com