

# Hold Me Now

拍數: 32      牆數: 4      級數: High Beginner  
編舞者: Micaela Svensson Erlandsson (SWE) - March 2023  
音樂: Hold Me Now (Dance Version) - Johnny Logan



Long intro: Start dancing at 0.40.

## Section 1 Cross Rock. Side Rock. Behind. Side. Cross Point.

1-4      Rock right across left. Recover onto left. Rock right to right side. Recover onto left.  
5-7      Cross right behind left. Step left to left side. Cross right over left.  
8      Point left to left side.

## Section 2 Behind. Side. Cross. Monterey ¼ Turn right. Point.

1-3      Cross left behind right. Step right to right side. Cross left over right  
4-5      Point right to right side. Turn ¼ right on ball of left and Step right beside left.  
6-8      Point left toes to left side. Step left in centre. Point right foot to right side.

## Section 3 Sailor Step x 4 Travelling backwards.

1&2      Cross right behind left. Rock left to left side. Recover onto right (Traveling back).  
3&4      Cross left behind right. Rock right to right side. Recover onto left (Traveling back).  
5&6      Cross right behind left. Rock left to left side. Recover onto right (Traveling back).  
7&8      Cross left behind right. Rock right to right side. Recover onto left (Traveling back).

## Section 4 Touch. Unwind ½ right. Step. ½. Full Turn Forward. Forward Shuffle.

1-2      Touch right toes back. Unwind ½ right (weight on right foot).  
3-4      Step forward on left foot. Turn ½ right  
5-6      Make a full turn forward over your right shoulder stepping left, right.  
7&8      Step forward on left. Close left beside right. Step forward on left.

**Easy Option: Replace the Full Turn with Two Walks Forward**

**\*\*2 Tags:**

**\*1st Tag: (8 Counts) After Wall 4 (Facing 12 O'clock)**

Rocking Chair. Step ½ Turn left. Step ¼ Turn left (then restart)

**\*2nd Tag: (4 Counts) After Wall 8 (Facing 3 O'clock)**

Sway right. Sway left. Sway right. Sway left. (Then Restart)

Last Update: 25 Mar 2023