Steppin' Outlaw

拍數: 32

級數: Phrased Intermediate

編舞者: Pat Esper (USA) - March 2023

音樂: Step (feat. Sarah Ross) - Moonshine Bandits : (Album: Blacked Out)

Dance map: 32 intro-A-A-A-A-First 16 of A-B-B-32 to end

A = 32 counts

[1-8]: Sideways wizard, Sideways wizard, Stomp, Clap, Quarter turn stomp, Clap

- 1-2&. Step the left foot to the side. Step the right foot behind the left, Step the left foot slightly to the left.
- 3-4&. Step the right foot to the side. Step the left foot behind the right. Step the right foot slightly to the right.
- 5-6. Stomp the left foot forward. Clap.
- 7-8. Pivot a guarter turn right on the left foot and stomp the right foot forward.

[9-16]: Step, Heel swivel, Coaster step, Kick and Step, Bouncing turn

- Step slightly forward on the left foot, Swivel both heels to the left, Bring both heels to center. 1&2.
- 3&4. Step back on the left foot, Step the right foot next to the right, Step forward on the left foot.
- Kick the right foot forward rising up on the ball of the left foot. Step slightly back on the right 5-6. foot.
- 7&8. Bounce making a quarter turn to the right (bounce-bounce)

[17-24]: Step, Step, Bouncing hip roll, Vine to Heel jack

- 1-2. Step the left foot forward at a slight angle. Step the right foot to the side.
- 3-4. Roll the hips counter clockwise pushing the butt out and bouncing the butt ending with the weight on the left foot.
- 5-6. Step the right foot to the side. Step the left foot behind the right.
- &7&8. Step the right foot to the side, Step the left heel forward, Step the left foot next to the right, Step the right foot across the left.

[25-32]: Quarter turn triple, Step, Half turn, Turn, Turn, Triple

- Turning a quarter turn left, step forward on the left foot, Step the right foot next to the left, 1&2. Step forward on the left foot.
- Step forward on the right foot. Turn a half turn over the left shoulder. 3-4.
- Pivoting a half turn on the ball of the left foot over the left shoulder, step back on the right 5-6. foot. Pivoting a half turn on the right foot, step forward on the left foot.
- 7&8. Step forward on the right foot, Step the left foot next to the right, Step forward on the right foot.

B = 16 counts

[1-8]: Walk to the left, Walk to the right

- Angling the body to the left, Step to the left on the left foot. Step to the left on the right foot. 1-2.
- 3-4. Step to the left on the left foot. Touch the right foot next to the left.
- 5-6. Angling the body to the right, Step to the right on the right foot. Step to the right on the left foot.
- 7-8. Step to the right on the right foot. Touch the left foot next to the right.

[9-16]: Step, Hold, Step, Hold, Sailor, Sailor quarter turn

- 1-2. Step the left foot to the side. Hold
- 3-4. Step the right foot to the side. Hold.
- 5&6. Step the left foot behind the right, Step the right foot to the side, Step in place on the left foot.





牆數: 4

7&8. Turning a quarter turn to the right, step the right foot behind the left, Step the left foot to the side, Step in place on the right foot.