

Sugar with Pai

拍數: 64 牆數: 2 級數: Beginner +
編舞者: Imam Wahyudi (INA) - March 2023
音樂: Sugar and Pai - The Boots Band : (Album: Out in the Country)



Start on vocals - Intro: 16 counts - No tag - No restart

SEC.I - SIDE ROCK, CROSS SHUFFLE, 1/2 TURN RIGHT, CROSS, HOLD WITH CLAP

- 1- Step RF to Right side
- 2- Recover on LF
- 3- Cross RF over LF
- &- Step LF to Left side
- 4- Cross RF over LF
- 5- Make a 1/4 turn Right stepping LF back
- 6- Make a 1/4 turn Right step RF to Right side
- 7- Cross LF over RF
- 8- Hold with clap (1X)

SEC.II - SIDE ROCK, CROSS SHUFFLE, 1/4 TURN RIGHT, CROSS, HOLD WITH CLAP

- 1- Step RF to Right side
- 2- Recover on LF
- 3- Cross RF over LF
- &- Step LF to Left side
- 4- Cross RF over LF
- 5- Make a 1/4 turn Right stepping LF back
- 6- Step RF to Right side
- 7- Cross LF over RF
- 8- Hold with clap (1X)

SEC.III - RIGHT CHASSE, BACK ROCK, LEFT CHASSE, BACK ROCK

- 1- Step RF to Right side
- &- Close LF beside RF
- 2- Step RF to Right side
- 3- Step LF back
- 4- Recover on RF
- 5- Step LF to Left side
- &- Close RF beside LF
- 6- Step LF to Left side
- 7- Step RF back
- 8- Recover on LF

SEC.IV - STEP SIDE 1/4 TURN LEFT, TAP, STEP FWD 1/4 TURN LEFT, TAP, BACK ROCK WITH JUMPING, STOMP-UP TWICE

- 1- Make a 1/4 turn Left step RF to Right side
- 2- Tap LF toe beside RF
- 3- Make a 1/4 turn Left stepping LF fwd
- 4- Tap RF toe beside LF
- 5- Step RF back (jumping) with LF kick fwd
- 6- Recover on LF
- 7- Stomp-up RF beside LF
- 8- Stomp-up RF beside LF

SEC.V - VINE RIGHT, CROSS, RIGHT CHASSE, BACK ROCK

- 1- Step RF to Right side
- 2- Cross LF behind RF
- 3- Step RF to Right side
- 4- Cross LF over RF
- 5- Step RF to Right side
- &- Close LF beside RF
- 6- Step RF to Right side
- 7- Step LF back & cross
- 8- Recover on RF

SEC.VI - VINE LEFT, CROSS, LEFT CHASSE, BACK ROCK

- 1- Step LF to Left side
- 2- Cross RF behind LF
- 3- Step LF to Left side
- 4- Cross RF over LF
- 5- Step LF to Left side
- &- Close RF beside LF
- 6- Step LF to Left side
- 7- Step RF back & cross
- 8- Recover on LF

SEC.VII - MONTEREY 1/4 TURN RIGHT, BACK ROCK, STOMP 2X

- 1- Point RF toe to Right side
- 2- Slide 1/4 turn Right stepping RF beside LF
- 3- Point LF toe to Left side
- 4- Close LF beside RF
- 5- Stomp RF beside LF
- 6- Stomp LF beside RF
- 7- Step RF back
- 8- Recover on LF

SEC.VIII - ROCK STEP FWD, BACK SHUFFLE, BACK ROCK, FWD SHUFFLE

- 1- Step RF fwd
- 2- Recover on LF
- 3- Step RF back
- &- Step LF next to RF
- 4- Step RF back
- 5- Step LF back
- 6- Recover on RF
- 7- Step LF fwd
- &- Step RF next to LF
- 8- Step LF fwd

(Option: 3 & 4 Back lock shuffle)

**End of pattern & start over again.
Enjoy & have fun!**

Note: As the closing of this dance, please, do anything so that you are happy!

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