Shivers Bachata 2023



編舞者: Penny Tan (MY) - March 2023

音樂: Shivers (Bachata Version) (feat. Damantio) - Dj Venot



Intro:32 Counts ,start with vocal "heart"

**No tag No restart!

SEC1:SIDE ROCK, RECOVER, CROSS, SIDE ROCK, RECOVER, CROSS, SIDE ROCK, RECOVER

12	Rock RF to side	racevar on
1 /	ROCK RETO SIDE	recover on r

3 4 5 Cross RF over LF, rock LF to L side, recover on R 6 7 8 Cross LF over RF, rock RF to R side, recover on L

SEC2:FWD TOUCH(R-L),STEP BACK,KICK (R-L)

1 2	Step RF fwd,touch LF next to RF with hip bump
3 4	Step LF fwd ,touch RF next to LF with hip bump
5 6	Step RF back, kick LF fwd
7 8	Step LF back, kick RF fwd

SEC3:COASTER STEP, TOUCH, SIDE, BEHIND, 1/4 TURN L FWD, TOUCH

1 2 3 4 Step RF back ,step LF next to RF, step RF fwd , touch LF next to RF

5 6 7 8 Step LF to L, step RF behind LF, 1/4 turn L, step LF fwd, touch RF next to LF (9:00)

SEC4:STEP, TOUCH WITH HIP ROLLS / BUMPS (R-L), FIGURE 8 WITH HIPS

1 2	Step RF to R with rolling hips from L to R, bump L hip
3 4	Step LF on L with rolling hips from R to L , bump R hip

5 6 7 8 Step RF to R with hip roll from R front to back ,weight shift to L , roll hips from back to front L

,weight shift to R, hip roll from R front to back ,weight shift to L , roll hips from back to front L

**(Optional for count 5-8, you can do:step to R with sways R-L-R-L)

Have Fun and Happy Dancing!

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