Livin'



拍數: 32 牆數: 4 級數: Absolute Beginner 編舞者: Tom Inge Soenju (NOR) - January 2023

音樂: Livin' On Love - Alan Jackson

或: Sway - The Pussycat Dolls

Note: Alternative music: "Sway" by The Pussycat Dolls or any track you can use straight counts on.

Intro: 32 counts. Sequence: Repeating sequence. Tag/Restart: No tags or restarts End: Dance as normal until music ends.

SECTION 1: CHASSE-TOUCH X2 (R/L)

1-2-3-4	Step RF to R side, Step LF next to RF, Step RF to R side, Touch LT next to RF
5-6-7-8	Step LF to L side, Step RF next to LF, Step LF to L side, Touch RT next to LF

SECTION 2: K-STEPS

- 1-2 Step RF fwd to R diagonal, Touch LT next to RF (Optional: Clap on touch)
- 3-4 Step LF back to L diagonal, Touch RF next to LF (Optional: Clap on touch)
- 5-6 Step RF bac to R diagonal, Touch LT next to RF (Optional: Clap on touch)
- 7-8 Step LF fwd to L diagonal, Touch RF next to LF (Optional: Clap on touch)

SECTION 3: WALK X3, KICK, WALK B X3, TOUCH

- 1-2-3-4 Step RF fwd, Step LF fwd, Step RF fwd, Kick LF fwd
- 5-6-7-8 Step LF back, Step RF back, Step LF back, Touch RT next to LF

SECTION 4: 2X2 HIP BUMPS (R/L), ¼ L TURN WITH 4 SWAYING HIP BUMPS

- 1-2 Step RF to R side and push R hip to R side, Push R hip to R side
- 3-4 Transfer weight onto LF and push L hip to L side, Push L hip to L side
- 5-6-7-8 Step RF to R side, LF to L, RF to R and LF to L using swaying/hip bumping motion turning slightly to L each sidestep making a total of ¹/₄ L turn [09:00].

Start again and enjoy! Happy Dancing!

Contact: If anything is unclear or if you would like additional information, please contact me: Mail: tom@soenju.dance Facebook (Tom Inge Sønju): www.facebook.com/tom.soenju Website: www.soenju.dance