

# Am I Ready AB

**COPPERKNOB**  
STEPSHEETS

拍數: 32      牆數: 4  
編舞者: Suzi Beau (ENG) - March 2023  
音樂: 2 Be Loved (Am I Ready) - Lizzo

級數: Absolute Beginner



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## Section 1 Tap R Heel , L Heel, R Heel, L Heel

1 2      Tap R heel forward, Step R beside L  
3 4      Tap L Heel forward, Step L beside R  
5 6      Tap R heel forward, Step R beside L  
7 8      Tap L Heel forward, Step L beside R

## Section 2 Side Together Side Together Twist Heels

1 2      Step R to R side, Close L to R  
3 4      Step R to R side, Close L to R  
5 6      Twist heels L, Twist to Centre  
7 8      Twist heels L, Twist to Centre

## Section 3 Vine ¼ Hitch, Walk R, L, R Hitch

1 2      Step L to L side, Step R behind L,  
3 4      Turn ¼ L stepping forward L, Hitch R  
5 6      Walk forward R , L  
7 8      Walk forward R Hitch L

## Section 4 Back Touch x 3 , Stomp R, L

1 2      Step back on L, Touch R by L (Clap)  
3 4      Step back on R, Touch L by R (Clap)  
5 6      Step back on L, Touch R by L (Clap)  
7 8      Stomp R, Stomp L

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