

El Pan De Estefania

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Hiroko Carlsson (AUS) - March 2023
音樂: El Pan De Estefanía - Ryan Castro & SOG : (Spotify/Apple Music/Deezer)



Please feel free to contact me if you need any further information. (hirokoclinedancing@gmail.com)

(32 counts intro)

[S1] Diagonal Walk w/ 1/4L Hitch, Walk w/ 1/4R Hitch

1 2 3 Make a 1/8 turn right (R diagonal) step forward on R, Step forward on L, Step forward on R
4 Make a ¼ turn left on ball of R foot/hitch L knee (10:30)
5 6 7 Step forward on L, Step forward on R, Step forward on L
8 Make a ¼ turn right on ball of L foot/hitch R knee (1:30)

[S2] Walk w/ 1/4L Hitch, Step-Pivot 1/2R, Fwd Rock

1 2 3 Step forward on R, Step forward on L, Step forward on R
4 Make a ¼ turn left on ball of R foot/hitch L knee (10:30)
5 6 Step forward on L, Make a ½ turn right recover weight on R (4:30)
7 8 Rock forward on L, Replace weight on R

[S3] Walk Back w/ 1/4R Hitch, L Walk Back w/ 1/4L Hitch

1 2 3 Step back on L, Step back on R, Step back on L
4 Make a ¼ turn right on ball of L foot/hitch R knee (7:30)
5 6 7 Step back on R, Step back on L, Step back on R
8 Make a ¼ turn left on ball of R foot/hitch L knee (4:30)

[S4] Walk Back w/ 1/4R Hitch, Back Rock, 1/2L Shuffle Back-Ball 1/8L

1 2 3 Step back on L, Step back on R, Step back on L
4 Make a ¼ turn right on ball of L foot/hitch R knee (7:30)
5 6 Rock back on R, Replace weight on L
7&8 Making a ½ turn left shuffle back on R-L-R (1:30)
& Ball step L beside R making a 1/8 turn left (12:00)

Easy option for count 7 and 8 – Make a ¼ turn left stepping back on R (7), Make 3/8 turn left stepping forward on L (8) (12:00)

[S5] 3x Paddle Turn, Cross-Samba

1 2 Making a ¼ turn left step R to the side, Replace weight on L (9:00)
3 4 Making a ¼ turn left step R to the side, Replace weight on L (6:00)
5 6 Making a ¼ turn left step R to the side, Replace weight on L (3:00)
7&8 Cross R over L, Rock L to the side, Replace weight on R

[S6] Cross-Point, Back-Point-Back-Point, Cross-Samba

1 2 Cross L over R, Point R to the side
3 4 5 6 Cross R behind L, Point L to the side, Cross L behind R, Point R to the side
7&8 Cross R over L, Rock L to the side, Replace weight on R

[S7] Step-Pivot 1/2R, R Full Turning Shuffle, Step-Pivot 1/4R

1 2 Step forward on L, Make a ½ turn right recover weight on R (9:00)
3&4 Making a ½ turn right shuffle back on L-R-L (3:00)
5&6 Making a ½ turn right shuffle forward on R-L-R (9:00)
7 8 Step forward on L, Make a ¼ turn right recover weight on R (12:00)

[S8] Cross Shuffle, 3/4L Turning Shuffle, Hip-Hip

1&2 Cross L over R, Step R close to L, Cross L over R
3&4 Making ¼ turn left shuffle back on L-R-L (9:00)
5&6 Making ½ turn left shuffle forward on R-L-R (3:00)
7 8 Step R to the side hip sway to the right, Hip sway to the left

TAG: 6 counts - at the end of Wall 2 (6:00) - Out-Out-In-Together-Cross-Split

1 2 Step diagonally out on R, Step diagonally out on L
3 4 Step back on R, Step L next to R
5 6 Cross R over L, Jump slightly off floor landing with feet shoulder-width apart

**Ending suggestion: The last wall starts facing 9:00 o'clock. Dance up to S7 count 6 (6:00).
Make a 1/2R pencil turn on ball of R foot, Step L together (12:00)**

(updated: 28/Feb/23)
