

We Know

拍數: 32 牆數: 2 級數: High Beginner
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音樂: Now I Know - Tennessee Tears



Intro: 32 counts

Sec 1. Out out step , rock back, shuffle, step turn ¼ L,

&12 Jump forward stepping R to right side & L to left side. Step back on R
3 4 Rock L foot back, recover onto R
5&6 Step forward on L Step R next to L Step forward on L
7 8 Step forward on R, make a ¼ turn to L step L to side

Sec2. Cross shuffle, side hold, behind side cross, rock recover turn ¼ R

1&2 Cross R over L, step L to side, cross R over L
3 4 Step L to left side and hold on count 4
5&6 Step R behind L, step L to L side cross R over L
7 8 Rock L foot to L side and turn ¼ to R step on R foot

Sec3. ½ Shuffle turn, rock back on R, jazz box step

1&2 Make ¼ turn R step L to side, step R next to L, make ¼ turn R step back on L
3 4 Rock R foot back recover onto L
5 6 7 8 Cross R over L step back on L step R to right side step forward on L

Sec4. Point and point, heel and heel touch and clap

1 2 & Point R out to R side, HOLD, step R next to L
3 4 & Point L out to L side, HOLD, step L next to R
5&6&7 8 Step on L foot, tap R heel In front, step on R foot beside L, tap L heel In front, step on L foot beside R, tap R heel In front and touch R toe beside L, make a double clap

Tag: after wall 2 (facing 12 o'clock)

R shuffle forward, rock recover, L shuffle back, rock recover

1&2 Step R foot forward, step L behind R, step forward on R
3 4 Rock L forward, recover onto R foot
5&6 Step L back, step R Infront of L, step L back
7 8 Rock R foot back, recover onto L foot