

Zoom

拍數: 96
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音樂: ZOOM - Jessi

牆數: 1

級數: Phrased Intermediate



Sequence : A B C TAG A B B C TAG A B (16C)

Intro 12C

Tag after Part C (4C)

Part A (32C)

#1 WALK - WALK - FORWARD ROCK - BACK DRAG (HEELS) - COASTER STEP - OUT - OUT - JUMP IN

1-2 step R forward, step L forward
3&4 step R forward, recover on L, R drag back with heel
5&6 step L back, close R beside L, step L forward
7&8 R out with heel, L out with heel, jump in with both foot

#2 FORWARD DIAGONAL- CLOSE TOUCH- BACK DIAGONAL- CLOSE TOUCH - BACK DIAGONAL - CLOSE TOUCH- FORWARD- HITCH - BACK TOUCH - SWIVEL - FORWARD FLICK - CLOSE

1&2&3 step R to Right diagonal forward, L close touch beside R, step L back to Left diagonal , R close touch beside L (10.30)
3&4 step R back to Right diagonal (1.30) , L close touch beside R (1.30), step L forward (12.00)
5&6&7 R knee up, R back touch, making swivel with both foot
&8 L forward with R bend heel up, R close beside L

#3 FORWARD - CLOSE TOUCH - HOLD- BACK - CLOSE - HOLD - SAILOR (L-R)

&1-2 step R forward, L touch close beside R, Hold
&3-4 step L back, R close beside L (12.00), Hold
5&6 step L cross behind R, step R to side, step L in place
7&8 step R cross behind L, step L to side, step R in place

#4 FORWARD TOUCH - BACK TOUCH - FORWARD TOUCH - HITCH - CLOSE - JUMP OUT - SWIVEL (R-L) - JUMP IN

1-2 L touch forward, L touch back
3&4 L touch forward, L knee up, L close beside R
5 Making JUMP OUT with both foot
&6&7 R heel up, R heel drop in place, L heel up, L heel drop in place
8 Making JUMP IN with both foot

PART B (32C)

#1 FORWARD ROCK - SAILOR 1/2 - FORWARD ROCK - SAILOR 1/4

1-2 step R forward, recover to L
3&4 1/2 turn Right step R back, L close beside R, step R forward
5-6 step L forward, recover to R
7&8 1/4 turn Left step L back, R close beside L, step L forward

#2 SIDE ROCK - CROSS BEHIND - SIDE - CROSS - SIDE - BACK FLICK - SLIDE - HOLD - BALL FORWARD

1-2 Step R to side, recover to L
3&4 R cross behind L, step L to side, R cross over L
5&6 L side, R back heel up, R slightly to side
7&8 hold, L close beside R, step R forward

#3 PADDLE TURN 1/2 - CROSS BACK- RECOVER - SIDE - CLOSE TOUCH - SIDE TOUCH - CLOSE - SIDE TOUCH - FORWARD MAMBO

1&2 L toe touch to L, 1/2 turn to right L knee up, L touch to side
3&4 L cross back R, recover on R, step L to side
&5&6 R touch beside L, R touch to side , R close beside L, L touch to side
7&8 L forward, R in place, L close beside R

#4 KICK BALL SIDE TOUCH (R-L) - JAZZ BOX 1/4 - CLOSE

1&2 R kick forward, R close beside L , L side touch
3&4 L kick forward , L close beside R , R side touch
5-6 R cross over L, 1/4 turn Right step L back
7&8 R side, L forward, R close beside L

PART C (32C)

#1 BOTAFOGO - LOCK FORWARD SHUFFLE - SCISSOR (L-R)

1&2 L cross over R, step on R Ball to side, L in place (weight on L)
3&4 step R forward, L lock behind R, step R forward
5&6 step L side, close R beside L, L cross over R
7&8 step R side, close L beside R, R cross over L

#2 ROLLING VINE FORWARD - 1/4 TO R SIDE CHASSE - PUSH FORWARD - CLOSE - PUSH FORWARD - CLOSE

1-2 1/4 turn to Right step L back (3.00), 1/2 turn to Right step R forward (9.00)
3&4 1/4 turn to Right step L side (12.00), R close beside L, L side
5-6 Step R push forward, R close beside L
7-8 Step L push forward, L close beside R

#3 VINE SYNCOPATED - CLOSE - MONTEREY - CLOSE

1-2& R side, L cross behind R, R side
3&4 L cross over R, R side, L close beside R
5-6 R side touch, 1/2 turn Right close R beside L
7-8 L side touch, L close beside R

#4 FORWARD - HITCH - COASTER STEP - PIVOT 1/4(R-L)

1-2 step R forward, L knee up
3&4 step L back, R close beside L, L forward
5-6 R forward, 1/4 turn Left step L in place
7-8 R forward, 1/4 turn Left step L in place

TAG 1&2&3&4

V STEP SYNCOPATED - JUMP OUT - BACK (KICK) - CLOSE

1&2& R forward diagonal to Right, L forward diagonal to L, R back to center, L close beside R
3&4 Making JUMP OUT, L back with R kick forward, R close beside L

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Thank You ♥
