

Burn It to the Ground

拍數: 32 牆數: 4 級數: Improver
編舞者: Unknown - February 2023
音樂: Burn It to the Ground - Nickelback



The dance starts on the lyrics, 40 counts after the first drum note.

[1-8] : Step Forward, Together, Step Forward, Touch, Step Back, Together, Step Back, Touch

1,2,3,4 Step RF forward on right diagonal (1), Step LF next to RF (2), Step RF forward on right diagonal (3), Touch LF next to RF (4)
5,6,7,8 Step LF back on left diagonal (5), Step RF next to LF (6), Step LF back on left diagonal (7), Touch RF next to LF (8)

[9-16] : Ball Cross, Side, 2X Heel Digs, Ball Cross, Side, 2X Heel Digs

&1,2,3,4 Step RF next to LF (&), Cross LF over RF (1), Step RF to right side (2), Touch L heel forward on left diagonal (7), Touch L heel forward on diagonal left (8)
&5,6,7,8 Step LF next to RF (&), Cross RF over LF (5), Step LF to left side (6), Touch R heel forward on right diagonal (7), Touch R heel forward on right diagonal (8) *From this point until count 28, the dance continues on this diagonal, facing 1:30.

[17-24] : 3 Heel Switches, High Kick with Clap, Shuffle Forward (X2)

&1,&2 Step RF next to LF (&), Touch L heel forward (1), Step LF next to RF (&), Touch R heel forward (2)
&3,&4 Step RF next to LF (&), Touch L heel forward (3), Step LF next to RF (&), Kick RF high and clap hands together under RF (4)
5&6 Step RF forward (5), Step LF next to RF (&), Step RF forward (6)
7&8 Step LF forward (7), Step RF next to LF (&), Step LF forward (8)

[25-32] : Rock Step Forward, Shuffle Back, Step Turn 5/8 L, Step Turn 1/2 L, Step Back, Touch

1,2 Rock RF forward (1), Recover on LF (2)
3&4 Step RF back (3), Step LF next to RF (&), Step RF back (4)
5,6 Turn 5/8 L stepping LF forward [9:00] (5) Turn 1/2 L stepping RF back [3:00] (6)
7,8 Step LF back (7), Touch RF next to LF (8)

NO TAG - NO RESTART

Have fun!

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On February 27th, 2023