

That's a Hill

拍數: 48 牆數: 4 級數: Easy Improver
編舞者: Marianne Langagne (FR) - February 2023
音樂: Hill - ERNEST : (Album: Flower Shops)



Intro : 32 Counts - No Tag – No Restart

S1: (R-L) SIDE - TOUCH, SIDE, TOGETHER, STEP FWD, L SCUFF

1-2 RF to the R, Touch LF next to RF
3-4 LF to the L, Touch RF next to LF
5-6 RF to the R, Together (weight on LF)
7-8 RF Fwd, Scuff LF

S2 : ROCKING CHAIR , STEP ½ TURN R, STEP FWD , STOMP UP

1-2 LF Fwd, Recover on RF
3-4 LF Back, Recover on RF
5-6 LF Fwd, ½ Turn R (weight on RF) 6:00
7-8 LF Fwd, Tap 1 x RF (weight on LF)

S3: TOE-HEEL- CROSS, HOLD , SCISSOR CROSS, HOLD

1-2-3 Touch R Point next to LF (Knee In), Touch R Heel Fwd (Toe Out), Cross RF over LF
4 Hold (weight on RF)
5-6-7 LF to the L, Slide RF next to LF, Cross LF over RF
8 Hold (weight on LF)

S4 : WALK R ¼ TURN, HOLD, WALK R ¼ TURN, HOLD, TRIPLE R ¼ TURN, HOLD

1-2 RF Fwd in ¼ Turn R, Hold 9:00
3-4 LF Fwd in ¼ Turn R, Hold 12:00
5-6-7 RF Fwd, Together, RF Fwd in ¼ Turn R 3:00
8 Hold

Nota : section 4 is done by forming a ¾ circle to the Right

S5 : ROCK STEP FWD, SIDE ROCK, BEHIND -SIDE- CROSS , HOLD

1-2 LF Fwd, Recover on RF
3-4 LF to the L, Recover on RF
5-6-7 Cross LF behind RF, RF to the R, Cross LF over RF
8 Hold (weight on LF)

S6 : STEP , HOLD , ½ TURN L, HOLD, STEP ½ TURN L , STOMP UP X 2

1-2 RF Fwd, Hold
3-4 ½ Turn L, Hold (weight on LF) 9:00
5-6 RF Fwd, ½ Turn L (weight on LF) 3:00
7-8 Tap RF Twice

Final : The dance ends Section 6 Count 5 : Replace (6) ½ Turn L by L Point Behind RF.

Enjoy !!!

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