

Take Myself Dancing Easy

COPPERKNOB
BY STEPSHEETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Joshua Talbot (AUS) - February 2023
音樂: Flowers - Miley Cyrus



Intro: Start just after lyrics start on the word "good" (approx. 8 Seconds into track)

This dance was choreographed for my Improver classes that were also wanting to dance to the song. When split with the Intermediate version, it is floor friendly.

Section 1: SIDE ROCK, RECOVER, CROSS SHUFFLE, ½ L, CROSS SHUFFLE

1, 2 Rock L to L, recover weight R
3&4 Cross L over R, step R together, cross L over R
5, 6 ¼ L step R back, ¼ L step L to L (6.00)
7&8 Cross R over L, step L together, cross R over L

Section 2: SIDE ROCK, RECOVER, EXTENDED WEAVE, ¼ FWD

1, 2 Rock L to L, recover weight R
3, 4 Step L behind R, step R to R
5, 6 Cross L over R, step R to R
7, 8 Step L behind R, ¼ R step R fwd (9.00)

Section 3: ROCK FWD, RECOVER, SHUFFLE BACK, ROCK BACK, RECOVER, SHUFFLE FWD

1, 2 Rock L fwd, recover weight R
3&4 Step L back, step R together, step L back
5, 6 Rock R back, recover weight L
7&8 Step R fwd, step L together, step R fwd

Section 4: ¼ PADDLE, ¼ PADDLE, CROSS. ¼ BACK, ¼ SIDE, CROSS

1, 2 Step L fwd, ¼ R taking weight R (12.00)
3, 4 Step L fwd, ¼ R taking weight R (3.00)
5, 6 Cross L over R, ¼ L step R back (12.00)
7, 8 ¼ L step L to L, cross R over L (9.00)

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Restarts: Wall 2 – Dance till count 16 (Wall 2 starts 9 o'clock, restart to 6 o'clock)

Wall 5 – Dance till count 8 (Wall 5 starts 12 o'clock, restart to 6 o'clock)

Wall 7 - Dance till count 16 (Wall 7 starts 3 o'clock, restart to 12 o'clock)

Wall 11 – Dance till count 8 (Wall 11 starts 3 o'clock, restart to 9 o'clock)

NOTE: There are sections before you start a new wall when the music goes, just keep dancing the beat kicks back in on count 2

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Demos and Tutorials can be found on the website above, on all good step sheet sites & YouTube