

# This Time

拍數: 32      牆數: 4      級數: Improver  
編舞者: Stephen McIntosh (SCO) - January 2023  
音樂: This Time - Gamble & Jason Singh



Start after 16 counts (approx. 13 seconds into the track)

No Tags / No Restarts

## Section 1 Step, Slide, Rock, Recover, Side, ¼ turn Weave, Step Half Step, Full Turn\*

- 1            Step right to right side, sliding left up
  - 2 & 3        Rock back on left, recover onto right, step left to left side
  - 4 & 5        step right behind left, make ¼ turn left stepping left forward, step forward on right
  - 6 & 7        Step left forward, make ½ turn right, step left forward
  - 8 &         Make ½ turn left stepping right foot back, make ½ turn left stepping left forward\*
- (\*Alternate steps – walk forward right, left)

## Section 2 Step side, Weave into a Cross Shuffle, Right Side Rock & Cross, 2 x ¼ Turn, Cross

- 9            Step right foot to right side
- 10 &        step left foot behind right, step right to right side
- 11 & 12     cross left over right, step right to right side, cross left over right
- 13 & 14     Rock right to right side, recover onto left, cross right over left
- 15 & 16     make a ¼ turn stepping back left, make a ¼ turn stepping right to right side, cross left over right

## Section 3 ½ Right Rhumba Box, Left Mambo, Walk back x 2, ¼ Turn Coaster Step

- 17 & 18     Step right foot to right side, step left foot together, step forward on right
- 19 & 20     Rock forward on left foot, recover onto right, step back on left
- 21 – 22     Walk back right, walk back left
- 23 & 24     Swing right foot round from front to back while stepping back, step back on left, step forward on right

## Section 4 Mambo ½ Turn, Mambo ¼ Turn, Mambo ½ Turn, Right Rocking Chair

- 25 & 26     Rock forward onto left, recover onto right, make a ½ turn left stepping left forward
- 27 & 28     Rock forward onto right, recover onto left, make a ¼ turn right, stepping right to right side
- 29 & 30     Rock forward onto left, recover onto right, make a ½ turn left stepping left forward
- 31 & 32 &    Rock forward onto right, recover onto left, rock back onto right, recover onto left

Start Again & Enjoy!

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