

Rainbow In Paradise

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Beginner
編舞者: Ira Weisburd (USA) - February 2023
音樂: Arco Iris - Jossie Esteban



Introduction: 32 counts. Start on vocal approx. 19 seconds

PART I. (Rumba Box: SIDE, TOGETHER, BACK, HOLD; SIDE, TOGETHER, FORWARD, HOLD)

1-2 Step R to R, Step-close L beside R
3-4 Step R back, Hold
5-6 Step L to L, Step-close R beside L
7-8 Step L forward, Hold

PART II. (ROCK FORWARD, RECOVER, BACK, SWEEP; 1/4 L SAILOR, HOLD)

1-2 Step R forward, Recover back onto L
3-4 Step R back, Sweep L from front to back
5-6 Step L back making 1/4 L Turn (9:00), Step R to R
7-8 Step L across R, Hold

PART III. (SERPIENTE: CROSS, SIDE, BACK, SWEEP; BACK, SIDE, CROSS, HOLD)

1-2 Step R across L, Step L to L
3-4 Step R back, Sweep L from front to back
5-6 Step L back, Step R to R
7-8 Step L across R, Hold

PART IV. (1/2 R DIAMOND TURN: 1/8 R, SIDE, 1/8 R, SWEEP; 1/8 R, 1/8 R, CROSS,HOLD)

1-2 Step R to R making 1/8 R Turn (10:30), Step L to L
3-4 Step R back making 1/8 R Turn (12:00), Sweep L from front to back
5-6 Step L back making 1/8 R Turn (1:30), Step R to R making 1/8 R Turn (3:00)
7-8 Step L across R, Hold

REPEAT DANCE.

TAG. (Wall 6 & 10 @ 3:00: BUMP R HIP, BUMP L HIP, BUMP R HIP, BUMP L HIP)

1-2 Step R to R and Bump R hip to R, Step in place onto L and Bump L hip to L
3-4 Step R to R and Bump R hip to R, Step in place onto L and Bump L hip to L

ENDING: Wall 14 @ 3:00, Continue making another 1/2 R Diamond Turn to finish dance at 12:00)

Last Update - 22 Feb. 2023 - R1