

2 Step

拍數: 40 牆數: 4 級數: Absolute Beginner
編舞者: Bill Handley (AUS) - February 2023
音樂: Come See About Me - The Supremes
或: any 2 step Rhythm



No tags. No restarts.

16 count intro. Weight is on the Left.

[Section 1] (Step R forward, touch L next to R, step L forward, touch R next to L.) x2

1,2 Step forward on R, touch L next to R
3,4 Step forward on L, touch R next to L
5,6 Step forward on R, touch L next to R
7,8 Step forward on L, touch R next to L

[Section 2] Step R forward, hold, 1/2 pivot, step L forward, hold, 1/4 turn L & step R to R side, 1/4 turn L & step L next to R, step R in place & kick L forward.

1,2 Step forward on R, hold
3,4 Make a 1/2 turn L & step forward on L, hold
5,6 Make a 1/4 turn L & step R to R side, make a 1/4 turn L & step L next to R
7,8 Step R in place, kick forward with L

[Section 3] Step back on L, step back on R, step back on L & kick R forward, step back on R, step back on L, step back on R & kick L forward.

1,2,3,4,5,6,7,8 Step back on L, step back on R, step back on L and kick forward with R, step back on R, step back on L, step back on R, kick forward with L

[Section 4] L coaster back, step R next to L, point L forward, step L next to R, point R forward, step R next to L.

1,2,3,4 Step back on L, step R next to L, step forward on L, step R next to L
5,6,7,8 Point forward with L, step L next to R, point forward with R, step R next to L

[Section 5] Step L to L side, step R next to L, step L to L side, Touch R next to L, Step R to R side, touch L next to R, step L to L side, make a 1/4 turn R and touch R next to L(3:00).

1,2,3,4 Step L to L side, step R next to L, step L to L side, touch R next to L,
5,6,7,8 Step R to R side, touch L next to R, Step L to L side, make a 1/4 turn R and touch R next to L. 3:00.

Other slow or medium tempo 2 step songs may be used. Points , kicks and touches may be changed to hitches, drags and scuffs, depending on genre of music .

Last Update: 7 Feb 2024