

Shut Off the Lights

COPPER **KNOB**
BY STEPHEN

拍數: 64 牆數: 2
編舞者: Oranjnina (FR) - February 2023
音樂: Shut Off The Lights - Bastille

級數: Phrased Improver



Phrasée A :32 comptes B : 32 comptes
A B B A B B B B B(16 comptes) Final : step ½ tour

Part A

SIDE – CLOSE – SHUFFLE RIGHT – CROSS ROCK – RECOVER ¼ TURN L – RUN RUN RUN

1-2 Step RF right, Step LF close to right,
3&4 shuffle right
5-6 cross rock left over right, recover on right with ¼ turn left
7&8 run run run left right left (9h00)

HIP BUMPS POSE, HIP BUMPS POSE, STEP ¼ TURN, STEP ¼ TURN CROSS

1-2 hip bump touch pose right
3-4 hip bump touch pose left
5-6 step ¼ turn L
7&8 step ¼ turn L cross right over left (03h00)

1/2 RUMBA BOX TOUCH, STEP TOUCH, SCISSOR CROSS

1-2 Step LF to left, close right,
3-4 Step LF forward, touch right next to left
5-6 step R to right, touch left to right
7&8 L foot to left, close right to left, cross left over right (03h00)

MONTEREY 1/4 TURN, STEP FORWARD TOUCH, STEP BACK HITCH

1-2 point RF to right, close to left with ¼ turn right
3-4 point LF to left, close to right (6h00)
5-6 step right forward, touch left behind
7-8 step left back, hitch right (06h00)

Part B

SHUFFLE RIGHT, CROSS SHUFFLE, 1/2 TURN CROSS SHUFFLE, 1/4 TURN SHUFFLE LEFT

1 et 2 right foot to right, close left next to right, right foot to right
3 et 4 cross left over right, right foot side right, cross left over right
5 et 6 1/2 turn on place cross shuffle right over left
7 et 8 1/4 turn right with shuffle left (03h00)

FORWARD POINT, SIDE POINT, SAILOR 1/4 TURN, FORWARD POINT, SIDE POINT, COASTER STEP

1-2 point RF forward, point RF to right side,
3 et 4 sailor 1/4 turn to right (06h00)
5-6 point LF forward, point LF to left side,
7 et 8 coaster step LF

KICK BALL POINT RF, KICK BALL POINT LF, CROSS SAMBA X2

1 et 2 kick RF point LF to left,
3 et 4 kick LF point RF to right,
5 et 6 cross right over left, side rock left
7 et 8 cross left over right, side rock right

ROCK FORWARD, TRIPLE BACK, TOUCH BEHIND UNWIND 1/2 TURN, STEP LOCK STEP

- 1- 2 rock RF forward, recover on left
- 3 et 4 triple back right left right
- 5 - 6 touch left behind and unwind $\frac{1}{2}$ turn (keep weight on right foot)
- 7 et 8 step LF forward ,lock RF behind ,step LF forward

Final : step $\frac{1}{2}$ tour
