

Starting Over

拍數: 56 牆數: 2 級數: Improver
編舞者: Linda Burgess (AUS) - February 2023
音樂: (Just Like) Starting Over - John Lennon



Intro: Wait approx.. 43 secs... start with word "Been" (too long)

{1-8} R DOROTHY, L DOROTHY, CROSS, SIDE, BEHIND, SIDE, CROSS

1,2&3,4& Step fwd R to slight R45, lock/step L behind R, step R beside L, step fwd L to slight L45, lock/step R behind L, step L beside R
5,6,7&8 Cross/step R over L, step L to L, cross/step R behind L, step L to L, cross/step R over L (12.00)

{9-16} SIDE, TOGETHER, SHUFFLE FWD, PIVOT ½ L, PIVOT ½ L

1,2,3&4 Step L to L, step R beside L, step fwd L, step R beside L, step fwd L
5,6,7,8 Step fwd R, pivot ½ turn L, step fwd R, pivot ½ turn L (12.00)

{17-24} SIDE, TOGETHER, ¼ SHUFFLE FWD, PIVOT ½, SHUFFLE FWD

1,2,3&4 Step R to R, step L beside R, turn ¼ R & step fwd R, step L beside R, step fwd R
5,6,7&8 Step fwd L, pivot ½ turn R, step fwd L, step R beside L, step fwd L (9.00)

{25-32} FULL TURN, ROCKINGCHAIR, PIVOT 1/4

1,2,3,4 Turn ½ L & step back R, turn ½ L & step fwd L, rock/step fwd R, replace weight to L,
5,6,7,8 Rock/step back R, replace weight to L, step fwd R, pivot ¼ L (6.00)

{33-40} CROSS, HOLD, SIDE, CROSS, HOLD, SIDE, CROSS, SIDE/ROCK, REPLACE, CROSS

1,2&3,4 & Cross/step R over L, hold, step L to L, cross/step R over L, hold, step L to L
5,6,7,8 Cross/step R over L, rock/step L to L, replace weight to R, cross/step L over R (6.00)

{41-48} SHUFFLE TO R, ROCK/BACK, REPLACE, SIDE/ROCK, REPLACE, CROSS, SIDE/ROCK, REPLACE, CROSS

1&2,3,4 Step R to R, step L beside R, step R to R, rock/step back L, replace weight to R
5&6,7&8 Rock/step L to L, replace weight to R, cross/step L over R, rock/step R to R, replace weight to L, cross/step R over L (6.00)

{59-56} SIDE, TOGETHER, ¼ SHUFFLE, PIVOT ¼, PIVOT ½

1,2,3&4 Step L to L, step R beside L, turn ¼ L & step fwd L, step R beside L, step fwd L
5,6,7,8 Step fwd R, pivot ¼ turn L, step fwd R, pivot ½ turn L (6.00)

Tag: End of Wall 2 (facing 12.00)

1,2,3,4 Step R to R (1), bounce heels in place 3 time (12.00)

Restart: Wall 3. Dance counts 1- 32, then restart facing 6.00 (6.00)

Tag:/Restart: Wall 5 (12.00). Dance counts 1-48, then add the following steps.

1,2,3,4 Big step to L, drag R to L over 3 counts (fly away) (6.00)
5,6,7,8 Big step to R, drag L to R over 3 counts (somewhere) (6.00)

Then wait for drum beat (approx.. 5 secs) then

1,2,3,4 Step L to L, bounce heels in place 3 times. Restart wall 6 facing (6.00) (6.00)

Finish: dance counts 1- 37 (cross/holds), then repeat cross/holds until you run out of room travelling to the L.. lol (12.00)

