

# Dance to my HEARTBEAT

**COPPER** **KNOB**  
BY STEPHANIE

拍數: 32      牆數: 4      級數: Beginner  
編舞者: Val Saari (CAN) - February 2023  
音樂: Dance To My Heartbeat - Chaël & Mougleta



**Intro: 32 counts - Begin on the word "lights"**

## **TOE-STRUTS FORWARD RLRL**

1-2      Touch RF toes forward, Drop heel  
3-4      Touch LF toes forward, Drop heel  
5-6      Touch RF toes forward, Drop heel  
7-8      Touch LF toes forward, Drop heel

## **POINT CROSSES BACK RL, MONTEREY 1/4 TURN R, POINT L,**

1-2      RF point to right side, RF step back behind L  
3-4      LF point to left side, LF step back behind R  
5-6      Point RF toes to right side, 1/4 turn right step RF together (3:00)  
7-8      Point LF to L side, Step LF beside R

## **RF ROCK/RECOVER, RF TOE-STRUT 1/2 R, LF TOE-STRUT 1/2 R, RF ROCK BACK/RECOVER**

1-2      Rock RF forward, Recover LF  
3-4      RF toe-strut 1/2 turn R (9:00)  
5-6      LF toe-strut 1/2 turn R (3:00)  
7-8      RF Rock back, LF Recover

## **RF MODIFIED SCISSORS CROSS, LINDY LEFT**

1-2      RF Large Step R, Drag LF together  
3-4      Touch RF toes across L, Step RF heel down  
5&6      Shuffle left, LRL  
7-8      Rock back on RF, Recover on LF

**No tags, no restarts**

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