

# Knees Are Trembling

COPPERKNOB  
BY STEPHENETS

拍數: 32      牆數: 4      級數: Beginner  
編舞者: Ria Vos (NL) - February 2023  
音樂: Knees Are Trembling (feat. Joakim Wilow) - Faustix



## Intro: 16 Counts

### Walk-Walk, Shuffle, Rock Fwd, Walk Back-Back

1-2      Walk Fwd R, Walk Fwd L  
3&4      Shuffle Fwd Stepping R-L-R  
5-6      Rock Fwd on L, Recover on R  
7-8      Walk Back L-R (roll shoulder Backwards L-R)

### Back, ¼ L Point, ¼ R Fwd, ¼ R Point, Cross, Point, ¼ R Fwd, Point Side

1-2      Step Back on L (with a little dip), (Come up) Point R to R Side Turning ¼ L (9:00)  
3-4      ¼ R Step Fwd on R, ¼ R Point L to L Side (3:00)  
5-6      Cross L Over R, Point R to R Side  
7-8      ¼ R Step Fwd on R, Point L to L Side (6:00)

### Cross Rock, Chasse ¼ L, Step Pivot ¼ L x2

1-2      Cross Rock L Over R, Recover on R  
3&4      Step L to L Side, Step R Next to L, ¼ Turn L Step Fwd on L (3:00)  
5-6      Step Fwd on R, Pivot ¼ Turn L (roll hips) (12:00)  
7-8      Step Fwd on R, Pivot ¼ Turn L (roll hips) (9:00)

### Cross, Point, Cross, Point, Jazz Box

1-2      Cross R over L, Point L to L Side  
3-4      Cross L Over R, Point R to R Side  
(option Samba Step 3&4: Cross L Over R, Step R to R Side, Step L to L Side)  
5-6      Cross R Over L, Step Back on L  
7-8      Step R to R Side, Step Fwd on L

## Tag: After wall 5 (9:00)

### Rocking Chair

1-2      Rock Fwd on R, Recover on L  
3-4      Rock Back on R, Recover on L