# Yesterday Once More



編舞者: Marnyah Supardji (INA) - February 2023

音樂: Yesterday Once More - Carpenters



#### **INTRO MUSIC:4C**

S.1# CROSS I	ROCK -	CHASSE -	WEAVE
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1-2 Cross R over L, recover on L

3&4 Step R to right side, close L together, step R to right side

5-6 Cross L over R, step R to side 7&8 Cross L behind R, step R to side

### S.2# CROSS ROCK - CHASE - WEAVE

1-2 Cross L over R, recover on R

3&4 Step L to left side, close R together, step L to left side

5-6 cross R over L, step L to side7&8 Cross R behind L, step L to side

### S.3# (CROSS FORWARD - SIDE TOUCH) RL -(CROSS BEHIND SIDE TOUCH)RL

1-2 Cross R over L, touch L to side
3-4 Cross L over R, touch R to side
5-6 Cross R behind L, touch L to side
7-8 Cross L behind R, touch R to side

## S.4# FORWARD ROCK - 1/4 COASTER STEP TO RIGHT WITH SWEEP - FORWARD ROCK - COASTER STEP

1-2 Step R forward, recover on L

3&4 1/4 turn to right step back with sweep (3.00), close L together, step R forward

5-6 Step L forward, recover on R

7-8 Step back on L, close R together, step L forward

### #TAG (8C) After wall 4

### **TOE STRUT - SIDE STEP - SWAY**

1-2 Touch R toe forward, droop heel R in place3-4 Touch L toe forward, droop heel L in place

5-6 Step R to right side with sway hip to right, sway hip to left

7-8 Sway hip to right, sway hip to left

### Thank you & enjoy the dancing □□□