

Life With Me

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Improver
編舞者: Freda Fagan (UK) - February 2023
音樂: Come Do a Little Life - Mo Pitney



8 Counts intro. One easy restart

Sec 1 EXTENDED VINE RIGHT, HOLD, BACK ROCK, EXTENDED VINE LEFT, HOLD, BACK ROCK

1&2& Step right to right side, cross left behind right, step right to right side, cross left over right
3&4& Step right to right side, hold, rock back on left, recover onto right
5&6& Step left to left side, cross right behind left, step left to left side, cross right over left
7&8& Step left to left side, hold, rock back on right, recover onto right

(Restart here on wall 3 facing 6.00)

Sec 2 K STEP, SCUFF, RIGHT SHUFFLE, ¼ TURN, CROSS

1&2& Step diagonally forward on right, touch left beside, step diagonally back on left, touch right beside left
3&4& Step diagonally back on right, touch left beside, step diagonally forward on left, scuff right foot forward
5&6 Right shuffle forward, stepping - R L R
7&8 Step forward on left, turn ¼ right, cross left over right (3.00)

Sec 3 SIDE, TOGETHER, FORWARD, HIP BUMPS, SIDE, TOGETHER, BACK, HIP BUMPS

1&2 Step right to right side, step left beside right, step forward on right
3&4 Take a small step to left side bumping hips left, right, left
5&6 Step right to right side, step left beside right, step back on right
7&8 Take a small step to left side bumping hips left, right, left

Sec 4 MONTEREY ½ TURN (x2), MAMBO STEP, COASTER STEP

1&2& Touch right toe to side, turn ½ right stepping right beside left, touch left toe to side, step left beside right (9.00)
3&4& Touch right toe to side, turn ½ right stepping right beside left, touch left toe to side, step left beside right (3.00)
5&6 Rock forward on right, recover onto left, step back on right
7&8 Step back on left, step right beside left, step forward onto left

Begin again