

You're The Best Thing in My Life

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 2 級數: Intermediate
編舞者: Rika Djamhari (INA) - February 2023
音樂: You Are the Best Thing in My Life - Skool Boyz



3xRestarts, 1xTag

Intro: 16 Counts (Start on Vocal)

S1. TURN FORWARD - RECOVER - TURN SIDE - TURN FORWARD - RECOVER - TURN SIDE - TURN FORWARD WITH SWEEP - CROSS OVER - TURN BACK - BACK - BACK - TURN SIDE

- 1-2&. 1/4 turn to right and rock L forward, recover on R, 1/4 turn to left and step L to side
3-4&. 1/4 turn to left and rock R forward, recover on L, 1/4 turn to right and step R to side
5-6&. 1/8 turn right and step L forward with sweep R forward, cross R over L, 1/8 turn right and step L back (03:00)
7-8&. Step R back, step L back, 1/4 turn to right and step R to side (06:00)
* Restart here on wall 3, 5, 7

S2. SYNCOPATED WEAVE - TURN COASTER STEP - FULL TURN - TURN SIDE - SIDE

- 1-2&. Step L to side, cross R behind L, step L to side
3-4&. Cross R over L, 1/4 turn to right and step L back, step R together (09:00)
5-6&. Step L forward, 1/2 turn left and step R back, 1/2 turn to left and step L forward
7-8. 1/4 turn to left and step R to side, recover on L (06:00)

S3. FORWARD TURN LEFT SWEEP - CROSS BEHIND - SIDE - CROSS ROCK - SIDE - CROSS ROCK - TOGETHER - FORWARD - 1/4 TURN PIVOT

- 1-2&. Step R forward and 1/2 turn to left with sweep from front to back, cross L behind R, step R to side (12:00)
3-4&. Cross L over R, recover on R, step L to side
5-6&. Cross R over L, recover on L, step R together
7-8&. Step L forward, step R forward, 1/4 turn to left and step L in place (09:00)

S4. 3/4 TURN R DIAMOND

- 1-2&. Cross R over L, 1/8 turn to right and step L to side, step R back (10:30)
3-4&. Step L back, 1/8 turn to right and step R to side, 1/8 turn to right and step L forward (01:30)
5-6&. Step R forward, 1/8 turn to right and step L to side, 1/8 turn to right and step R back (04:30)
7-8. Step L back, 1/8 turn to right and step R to side (06:00)

Start Again.

* Restart on wall 3, 5, 7 (all restart doing after 8& counts facing 06:00)

** TAG (6 counts) after wall 8 facing 12:00

CROSS ROCK - SIDE - CROSS ROCK - SIDE - SIDE SWAY L/R

- 1-2&. Cross L over R, recover on R, step L to side
3-4&. Cross R over L, recover on L, step R to side
5-6. Step L to side with sway L, sway R (WOR)

Enjoy the dance!

Contact: rika.djamharie@gmail.com