Big Spender EASY

拍數: 32

級數: Beginner

編舞者: Michelle Fong (AUS) - February 2023

音樂: Big Spender - Peggy Lee

Intro: 16 counts, start dance with lyric "walk" (8 sec. into track)

CROSS, HITCH, CROSS, OUT, OUT, HIP ROLL, TOGETHER

- Cross R over L, Hitch L, Cross L over R (12:00) 1-2-3
- 4-5 Step R to R, Step L out to L place feet wide apart and start rolling hip back
- 6-7-8 Roll hip anticlockwise over 2 counts with wt on L (6-7), Step R next to L

POINT, 1/4L MONTEREY, POINT, TOGETHER, POINT, 1/4L MONTEREY, POINT, TOUCH

- Point L to L, 1/4L on R step L next to R (9:00) 1-2
- Sty: On Wall 3 emphasize counts 1, 3, 5 throw both hands out to sides as you point 3-4 Point R to R, Step R next to L
- Point L to L, 1/4L on R step L next to R, Point R to R, Touch R next to L (6:00) #### 5-6-7-8

KICK, BEHIND, SIDE, CROSS, SIDE, BEHIND, 1/4L, TOUCH

- Sharp R kick FWD to R diag. hit strong beat 1
- 2-3-4 Step R behind L, Step L to L, Cross R over L
- Step L to L, Step R behind L, 1/4L step L FWD, Touch R next to L (3:00) 5-6-7-8

*Bridge: On Wall 5 repeat this section (Count 17-24) two more times

- 1/8L HIP ROLL (2X), 1/4L HIP ROLL (2X)
- 1-2 Step R to R roll hip anticlockwise making 1/8L take wt on L (1-2) 1:30
- 3-4 Repeat 1-2 (3-4) 12:00
- 5-6 Step R FWD, 1/4L padle with hip roll take wt on L (9:00)
- 7-8 Step R FWD, 1/4L padle with hip roll take wt on L (6:00)

REPEAT

TAG: End of Wall 2 (12.00) - do the following 16 counts then restart Wall 3 to 6:00 CROSS, SIDE, BEHIND, SIDE, POINT, HOLD, HAND RING, HOLD

- 1-2-3-4 Cross R over L, Step L to L, Step R behind L, Step L to L (12:00)
- 5-6 Point R to R, HOLD
- 7-8 Ring an invisible bell with R index finger to R at shoulder height, HOLD
- Note: There's a slight pause in the music here 12:00

1/4R, 1/4R, BEHIND, SIDE, POINT, HOLD, HAND RING, HOLD

- 1-2-3-4 1/4R step R FWD, 1/4R step L to L, Step R behind L, Step L to L (6:00)
- 5-6 Point R to R, HOLD
- 7-8 Ring an invisible bell with R index finger to R at shoulder height, HOLD

BRIDGE: On Wall 5 (6.00)- dance up to Count 24 (Touch R next to L) facing 9:00 then repeat Counts 17-24 two more times end facing 3.00. continuing with the rest of the dance (Counts 25-32) restart wall 6 to 6.00.

Ending: Dance ends on Count 16 of Wall 6 facing 12:00. Raise both hands up over head, with arms extended lower hands out to sides slowly while doing Jazz Hands as the music subsides ####

Deeply inspired by Julia Wetzel's Big Spender and with permission from Julia, thiis easy version is designed for my beginners class to facilitate a floor-split with her beautiful dance . Thank you Julia.

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牆數:2