

# Drop the Beat

拍數: 48      牆數: 4      級數: Easy Intermediate  
編舞者: Rob Fowler (ES) - February 2023  
音樂: Ain't Coming Home - Casey Barnes



**Intro: 16 counts from heavy beat (approx. 15 secs)**

**S1: Side Rock R, Recover L, Cross Shuffle, Side Rock L, Recover R, L Behind, Side R, Fwd L**

1,2            Rock R to R side, recover on L  
3&4           Cross step R over L, step L to L side, cross step R over L  
5,6            Rock L to L side, recover on R  
7&8           Step L behind R, step R to R side, step forward on L [12:00]

**S2: Step Fwd R, Pivot ½ L, Step Fwd R, Pivot ½ L, Side Switches, R Kick Ball Change**

1,2            Step forward on R, make ½ turn L (weight on L)  
3,4            Step forward on R, make ½ turn L (weight on L)  
5&6&        Point R to R side, step R next to L, point L to L side, step L next to R  
7&8           Kick R forward, step ball of R next to L, step L next to R [12:00]

**RESTART: During WALL 6 please RESTART here facing 9:00**

**S3: Rock Fwd R, Recover L, Shuffle ½ R, Step Fwd L, Pivot ¼ R, Cross L, Side R, L Heel**

1,2            Rock forward on R, recover on L  
3&4            Make ½ turn R stepping forward on R, step L next to R, step forward on R [6:00]  
5,6            Step forward on L, make ¼ turn R (weight on R) [9:00]  
7&8            Cross step L over R, step R to R side, touch L heel to L diagonal

**S4: Step L, Cross R, Side L, R Sailor, Touch L, Unwind Full Turn L, Side Rock R, Recover L**

&1,2          Step L next to R, cross step R over L, step L to L side  
3&4            Cross step R behind L, step L to L side, step R to R side  
5,6            Touch L behind R, unwind a full turn L (weight on L)  
7,8            Rock R to R side, recover on L [9:00]

**BRIDGE: During WALL 2 (facing 6:00) and WALL 4 (facing 12:00) please add the bridge below, then continue with the dance from S5**

1,2,3,4        Make a full walkaround turn L stepping R, L, R, L

**S5: R Cross Samba, L Cross Samba, Rock Fwd R, Recover L, R Coaster**

1&2            Cross step R over L, rock L out to L side, recover on R  
3&4            Cross step L over R, rock R out to R side, recover on L  
5,6            Rock forward on R, recover on L  
7&8            Step back on R, step L next to R, step forward on R [9:00]

**S6: Rock Fwd L, Recover R, ½ Turn L Shuffle, Step Fwd R, Pivot ½ L, Full Turn L**

1,2            Rock forward on L, recover on R  
3&4            Make ½ turn L stepping forward on L, step R next to L, step forward on L [3:00]  
5,6            Step forward on R, make ½ turn L (weight on L) [9:00]  
7,8            Make ½ turn L stepping back on R, make ½ turn L stepping forward on L

**Start Over**