

Bring It

拍數: 32 牆數: 4 級數: Beginner
編舞者: Kathy Kearey (AUS) - February 2023
音樂: Bring It All Back - S Club 7



Start: After 16 count intro (on lyrics)

CROSS POINT x2, POINT ACROSS LEFT, POINT DIAGONALLY RIGHT, POINT ACROSS LEFT, CROSS HITCH, POINT ACROSS LEFT

1-2 Cross R over L, point L to side
3-4 Cross L over R, point R to side
5-6 Point R across L, point R to right front diagonal
7&8 Point R across L, hitch R across L, point R across L

WIDE SIDE TOUCH x2, ½ TURN SHUFFLE BACK, ROCK BACK RECOVER

9-10 Step R wide to side, touch L next to R
11-12 Step L wide to side, touch R next to L
13&14 Turn ½ to left and shuffle back R, L, R
15-16 Step/rock back on L, recover onto R

WALK FORWARD x3, POINT, STEP BACK POINT, ¼ TURN POINT

1-2 Step forward on L, step forward on R
3-4 Step forward on L, point R to side
5-6 Step R back, point L to side
7-8 Turn ¼ to left stepping L next to R, point R to side

WEAVE POINT, COASTER STEP, STEP ½ TURN

25-26 Cross R over L, step L to side
27-28 Step R behind L, point L to side
29&30 Step L back, step R back next to L, step L forward
31-32 Step R forward, turn ½ to left

REPEAT

Optional: For an extra bit of fun, replace 29&30 with three quick small jumps on the spot, on wall 2 (12:00) and wall 5 (3:00) – as shown in the original video for the song.