

Pearly Shells

拍數: 64 牆數: 2 級數: Easy Intermediate
編舞者: Margaret Murphy (AUS) - February 2011
音樂: Pearly Shells (Pupu O Ewa) - Burl Ives



***3 Restarts, 32 count intro. Start on lyrics

(1-8) Step Right together Right, Touch Left. Step Left Together Left, Touch Right.

1-4 Step Right to Right, step Left next to Right, Step Right to Right, touch Left next to Right
1-4 Step Left to Left, step Right next to Left, Step Left to Left, touch Right next to Left
(For a bit of fun use Hula hand and hip movements, as you do the side steps) (12.00)

(9-16) Right Toe strut to Right, Left Toe Strut over Right, Step Right to Right Hold, Rock /Replace

1-4 Right toe strut to the right, Left toe strut over Right
1-4 Step Right to Right, Hold, rock back onto Left, replace weight onto Right

(17-24) Left Toe Strut To Left, Right Toe Strut Over Left, Step Left To Left, Rock/Replace

1-4 Left toe strut to the Left, Right Toe Strut over Left
1-4 Step Left to the Left, Hold, Rock back onto Right, replace weight onto Left

(25-32) Step Locks Forward on Right, Step Locks Forward on Left

1-4 Step forward on Right, Lock/step left up behind Right, step fwd on Right, Scuff Left
1-4 Step forward on Left, Lock/step Right up behind left, step fwd on Left, Scuff Right

(33-40) Turning ½ Left, 4 x 1/8 Paddle steps (8) Using the Hips

1-8 4 x 1/8 paddle steps ½ turn Left using the hips (6.00)

(41-48) Grapevine to the Right, Grapevine To The Left

1-4 Step Right to Right, Step Left behind Right, step right to Right, touch Left next to Right
1-4 Step Left to left, step Right behind Left, step Left to Left, touch Right next to left

(49-56) Mambo Step Forward, Mambo Step Back

1-4 Rock / step forward on the R, replace weight onto L, step Back on R, Hold
1-4 Rock / step back onto L, replace weight onto R, step fwd on the Left foot, hold.

(57-64) Side Rock Cross, Right, Side Rock Cross Left

1-4 Rock Right to Right, Rock Left to left, Cross Right over Left, hold
1-4 Rock Left to left, Rock Right to Right, Cross Left over Right, hold

RESTARTS:

Wall 2, Dance 32 counts, (Lock steps) restart at 6.00
Wall 4, Dance 32 counts (Lock steps) restart at 12.00
Wall 5 Dance 32 counts (Lock Steps) restart at 12.00

I wrote this dance for a bit of FUN..... Enjoy