Growing Pains



拍數: 32

牆數:4

級數: Absolute Beginner

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音樂: Growing Pains - BRELAND : (Album: Cross Country)



Starts: 8 Counts In.

S1. Side Touches, Side, Together, Forward, Touch.

- 1-2-3-4 Step R To R Side, Touch L Next To R, Step L To L Side, Touch R Next To L.
- 5-6-7-8 Step R To R Side, Step L Next To R, Step Forward On R, Touch L Next To R. .

S2. Side Touches, Side, Together, Back, Hitch.

- 1-2-3-4 Step L To L Side, Touch R Next To L, Step R To R Side, Touch L Next To R.
- 5-6-7-8 Step L To L Side, Step R Next To L, Step Back On L, Hitch R Knee.

S3. Coaster Step, Scuff, Lock Step Forward, Scuff.

- 1-2-3-4 Step Back On R, Step L Next To R, Step Forward On R, Scuff L Next To R.
- 5-6-7-8 Step Forward On L, Step R Behind L, Step Forward On L, Scuff R Next To L.

S4. Step, Pivot ¼, Cross, Hold, Coaster Step, Hold.

- 1-2-3-4 Step Forward On R, Pivot ¼ L On L, Cross R Over L, Hold.
- 5-6-7-8 Step Back On L, Step R Next To L, Step Forward On L, Hold.