

Mechali

拍數: 32 牆數: 4 級數: High Beginner
編舞者: Herman Baso (INA) - February 2023
音樂: Joget-India (Mechali Mechali) Terbaru New Remix || Arkes Sound



Intro. : 32 Counts

Note. : 2x Tags (4C after Wall 1 & 8), 1x Tag & Restart (4C on wall 5 after 16C dancing)

S1# ROCKING CHAIR - LOCK SHUFFLE FWD - ROCK - RECOVER - 1/4 TURN SIDE CHASSÉ

1&2&. rock RF fwd, recover on LF, rock RF back, recover on LF
3&4. step RF fwd, lock LF behind RF, step RF fwd
5, 6. rock LF fwd, recover on RF
7&8. 1/4 turn Left step LF to side, close RF next to LF, step LF to side

S2# ANCHOR STEPS (R - L) - ROCK BACK - RECOVER WITH FLICK - 1/4 PIVOT

1&2. step RF back, recover on LF, tap RF in place
3&4. step LF back, recover on RF, tap LF in place
5, 6. rock RF back, recover on LF with RF flick
7, 8. step RF fwd, 1/4 turn Left tap LF in place

(TAG & RESTART HERE ON WALL 5)

S3# R SAILOR STEPS - 1/4 TURN L SAILOR STEP - LOCK SHUFFLE DIAGONALLY FWD (R - L)

1&2. cross RF behind LF, close LF next to RF, step RF to side
3&4 1/4 turn Left sweep out then cross LF behind RF, close RF next to LF, step LF to side
5&6. step RF diagonally fwd, lock LF behind RF, step RF fwd
7&8 step LF diagonally fwd, lock RF behind LF, step LF fwd

S4# 2x 1/4 JAZZ BOX TURN

1, 2. cross RF over LF, 1/4 turn Right step LF back
3, 4. step RF to side, step LF fwd
5, 6. cross RF over LF, 1/4 turn Right step LF back
7, 8. step RF to side, step LF fwd

TAG (4C)# V STEP

1, 2. step RF diagonally fwd. Step LF diagonally fwd
3, 4. step RF back to the center, step LF next to RF

Repeat from the start

Let's get sweaty, healthy and happy!

Best Regards - Herman Baso

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