

It Bites

拍數: 64 牆數: 2 級數: High Improver
編舞者: Brandon Zahorsky (USA) - February 2023
音樂: WAM x Another One Bites The Dust - A\$AP Ferg



Walk, Walk, Triple Forward, Step, Step, Triple Forward

1,2 Step R forward, Pop L knee (1), Step L forward, Pop R knee (2)
3&4 Step R forward, Pop L knee (3), Step L next to R (&), Step R forward, Pop L knee (4)
5,6 Step L forward, Pop R knee (5), Step R forward, Pop L knee (6)
7&8 Step L forward, Pop R knee (7), Step R next to L (&), Step L forward, Pop R Knee (8)

Vaudevilles, Cross, Side, Behind, Side, Cross

1&2& Cross R over L(1), Step L side L (&), Touch R heel diagonal forward (2), Step R side R (&)
3&4& Cross L over R(3), Step R side R (&), Touch L heel diagonal forward (4), Step L side L (&)
5,6 Cross R over L (5), Step L side L (6)
7&8 Step R behind L (7), Step L side L (&), Cross R over L (8)

Hip Bumps x 4, Behind, Side, 1/4 Turn, Kick Ball Forward

1,2 Rock L diagonal L (1), Recover back on R (2) (Sway Hips into your rock and recover)
3,4 Rock L diagonal L (3), Recover back on R (4) (Sway Hips into your rock and recover)
5&6 Step L behind R(5), Step R forward 1/4 turn over R shoulder(&), Step L forward (6) (3:00)
7&8 Kick R forward (7), Step R next to L (&), Large Step forward on L (8) (3:00)

Rock, Recover, 1/2 Turn, 1/4 Side, Rock, Recover, Rock, Recover

1,2 Rock R forward (1), Recover back on L (2)
3,4 Step R forward 1/2 turn over R shoulder (3), Step L side L 1/4 turn over R shoulder (4)
(12:00)
5,6 Rock R back (5), Recover forward on L (6)
7,8 Rock R forward (7), Recover back on L (8) (12:00)

Pony Steps x 4

1&2 Step R back, Touch ball of L beside R, Step R in place
3&4 Step L back, Touch ball of R beside L, Step L in place
5&6 Step R back, Touch ball of L beside R, Step R in place
7&8 Step L back, Touch ball of R beside L, Step L in place

Sailor Step, Sailor 1/4 Turn, Pivot 1/2 Turn x2

1&2 Step R behind L (1), Step L side L (&), Step R side R (2)
3&4 Step L back 1/4 turn over L shoulder (3), Step R side R (&), Step L side L (4) (9:00)
5,6 Step R forward (5), Pivot 1/2 turn over L shoulder (6) (3:00)
7,8 Step R forward (7), Pivot 1/2 turn over L shoulder (8) (3:00)

Walk, Walk, Out,Out, In, In, Walk, Walk, Anchor Step x 2

1,2 Step R forward (1), Step L forward (2)
3&4& Step R side R (3), Step L side L (&), Step R back neutral position (4), Step L next to R (&)
5,6 Step R forward (5), Step L forward (6)
7&8& Step R behind L, slightly hitch L knee (7), Step L in place (&) Step R in place, slightly hitch L
knee (8), Step L in place (Double Anchor Step)

Sweep 1/4 turn, Coaster Step, Out, Out, Coaster Step

1,2 Step R back making a 1/4 turn over L shoulder as you sweep your L (1), Step L next to R (2)
(6:00)
3&4 Step R back (3), Step L next to R (&), Step R forward (4)

5,6 Step L diagonal forward (5), Step R diagonal forward (6)
7&8 Step L back (7), Step R next to L (&), Step L forward (8)

Tag happens at the end of wall 3 facing 6 O'clock - 4 Count Tag

1-4 Keep weight on L, put your hands up by your mouth - Like your howling, call out the howl that is in the lyrics -

Just have fun with this! Or you can just wait and pick up the dance from here

End Of Dance!
