

What a Man Gotta Do

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Beginner
編舞者: Laura Rittenhouse (AUS) - February 2023
音樂: What a Man Gotta Do - Jonas Brothers



Start after 8 beats, tempo is 113 BPM

S1: VINE R, DIG L HEEL (WHILE CLAPPING) X 2; REPEAT TO L

1,2,3&4 Step R to R, Cross L behind R, Step R to R, Bounce L to L & clap, Bounce L heel to L & clap
5,6,7&8 Step L to L, Cross R behind L, Step L to L, Bounce R heel to R & clap, Bounce R heel to R & clap

S2: STEP & DRAG UP R DIAG, STEP & DRAG DOWN L DIAG; HEEL SPLITS

1,2,3,4 Step R up to R diagonal, Drag L to touch beside R, Step L back to L diagonal, Drag R to stand beside L (weight evenly on both feet, good spacing between feet)
5,6,7&8 Heel splits out, Heels swivel in to almost touching, Heel splits out, Heels swivel in to almost touching, Heel out so feet are parallel

S3: ROCKING CHAIRS WITH DOUBLE HEEL DIGS (& CLAPS)

1,2,3&4 Rock R forward, Recover on L, Rock R back, Dig L heel fwd & clap, Dig L heel fwd & clap
5,6,7&8 Rock L forward, Recover on R, Rock L back, Dig R heel fwd & clap, Dig R heel fwd & clap

S4: SHUFFLE FWD R&L, DRAG BACK R, TURN ¼ L DRAGGING BACK ON L

1&2,3&4 Step R fwd, Step L beside R, Step R fwd; Step L fwd, Step R beside L, Step L fwd
5,6,7,8 Step R back to R diagonal, Drag L beside R, Turn ¼ L stepping L back on L diagonal (9:00), Drag R beside L