

Always Free

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 2 級數: Improver
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音樂: Always Free - Jackie Venson



Intro: 16 C No tag or restart! :)

SEC. 1 R & L DOROTHY STEPS – 1/2 TURN R – TRIPLE 3/4 TURN R

1 – 2 & Step R diagonally fwd (1) lock L behind R (2) step R Fwd (&)
3 – 4 & Step L diagonally fwd (3) lock R behind L (4) step L Fwd (&)
5 – 6 1/4 turn R stepping fwd R (5) 1/4 turn R stepping L to L side (6)
7 & 8 1/2 turn R stepping R to R side (7) step L next to R (&) 1/4 turn R stepping fwd R (8)

SEC. 2 FWD MAMBO CROSS X 2 – PIVOT 1/2 TURN R – FWD SHUFFLE

1 – 2 & Cross L over R (1) recover weight on R (2) step L to L side (&)
3 – 4 & Cross R over L (3) recover weight on L (4) step R to R side (&)
5 – 6 Step L fwd (5) pivot 1/2 turn R (6)
7 & 8 Step fwd L (7) close R next to L (&) step forward on L (8)

SEC. 3 STEP and LOCK X 2 – STEP – ROCK STEP – STEP 1/4 TURN L – RUN FWD R L R

1 – 2 Step fwd R (1) lock L behind R (2)
3 – 4 & Step fwd R (3) lock L behind R (4) step fwd R (&)
5 & 6 Step fwd L (5) recover to R (&) 1/4 turn L stepping fwd L (6)
7 & 8 Step fwd R (7) step fwd L (&) step fwd R (8)

SEC. 4 FWD ROCK STEP – TRIPLE 1/2 TURN L – PIVOT 1/2 TURN L – KICK – BALL – STEP

1 – 2 Step fwd L (1) recover to R (2)
3 & 4 1/4 turn L stepping L to L side (3) step R next to L (&) 1/4 turn L stepping fwd L (4)
5 – 6 Step fwd R (5) pivot 1/2 turn L (6) weight ends on L
7 & 8 Kick fwd R (7) Step R in place (&) step fwd L (8)

Start over again!

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Have fun & happy dancing, hugs from Sweden :)